



ADAPTIVE FITNESS

ONLINE OR IN-PERSON

WHO: Individuals age 16+ with a disability or special need

WHERE: Bermuda Dunes Community Center
78-400 Ave 42, Bermuda Dunes

WHEN: Thursdays, May-August 2024, 10:00-11:00 a.m.

FEE: FREE!



If joining us online through [zoom](#) the class link/information will be on your receipt after registering. A new registration code is provided each month!

Register at MyRecreationDistrict.com

