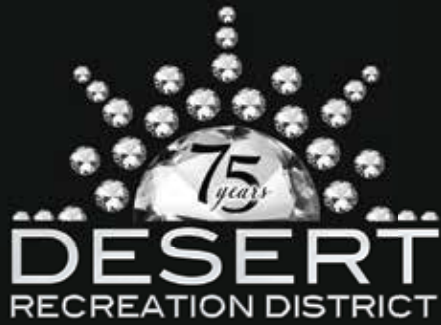


DESERT
RECREATION DISTRICT

1950 - 2025
Vol. 1
Special Edition



JANUARY • FEBRUARY • MARCH • APRIL 2025
ACTIVITY & PROGRAM GUIDE



Welcome To Desert Recreation District's Winter/Spring 2025 Activity & Program Guide

Happy New Year, everyone!

As we welcome the new year and the release of our first Activity Guide of 2025, I want to take a moment to reflect on the incredible progress we've made together over the past year and share our excitement for what's ahead.



In 2024, together we reached some amazing key milestones that highlight our commitment to enhancing recreation opportunities for everyone in the Coachella Valley. We celebrated the opening of the very first park in Indian Wells, broke ground on the much anticipated Thermal Community Park, and completed the renovation of the Palm Desert Community Center. Additionally, we finalized the completion of the east end driving range at The Golf Center at Palm Desert, providing an upgraded space for golf enthusiasts of all levels to enjoy. We also took a bold step forward with the purchase of the former Metro 8 Theater in Indio, which will soon be transformed into a revolutionary Gymnastics and Performing Arts Center. This exciting new facility will offer diverse programming opportunities, and we'll be seeking your input to help shape what those offerings look like.

This new development will also enable us to expand programming at our existing Indio Community Center, providing even more ways for you and your family to engage, play, and grow with us.

Entering our 75th year, 2025 will be a pivotal year for our District as we embark on developing a comprehensive Master Plan. This plan will guide our growth and ensure we're meeting the needs of our diverse and vibrant community. We encourage you to keep an eye out for surveys and community engagement meetings, where you'll have the chance to share your thoughts and help shape the future of recreation in our valley.

We also invite you to become even more involved with Desert Recreation District. Whether through volunteering, employment, or serving as a board member of one of our nonprofits, Desert Recreation Foundation or Coachella Valley Youth Golf Foundation (First Tee), there are so many ways to make a difference and be part of the positive change.

None of these accomplishments would have been possible without your trust and support. We are deeply grateful to serve such an engaged and enthusiastic community. Together, we're building something truly special.

If you see me out and about, please don't hesitate to say hello—I'd love to hear from you. Here's to another year of growth, connection, and recreation!

With gratitude,

A handwritten signature in black ink, appearing to read 'Kevin Kalman'.

Kevin Kalman

General Manager, Desert Recreation District

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45-305 Oasis Street | Indio, California 92201 | P: (760) 347-3484 | F: (760) 347-4660 | Fun@MyRecreationDistrict.com



Blast from The Past!

Recognize anyone in these nostalgic DRD photos? If so, we would love to hear your stories about recreational experiences expanding over the past 75 years!

Please email: marketing@drd.us.com

DESERT RECREATION DISTRICT

Board of Directors

Please note some larger communities are represented by more than one board member.



NATALIA GONZALEZ

Vice President

Division 1

TERM: 12/2/22 to 12/4/26

Indio, La Quinta, Mecca, North Shore, Oasis, Thermal, Vista Santa Rosa and 100 Palms



RUDY GUTIERREZ

Director

Division 2

TERM: 12/4/20 to 12/6/24

Chiriaco Summit, Coachella, Indio and Indio Hills



LUIS ESPINOZA

President

Division 3

TERM: 10/4/22 to 12/6/24

Indio



RUDY ACOSTA

Director

Division 4

TERM: 12/2/22 to 12/4/26

Bermuda Dunes, Desert Palms, Indian Wells, La Quinta and Palm Desert



LAURA MCGALLIARD

Director

Division 5

TERM: 12/4/20 to 12/6/24

Palm Desert, Rancho Mirage and Thousand Palms

Desert Recreation District is governed by an elected Board of Directors. There are five members of the DRD Board of Directors, each serving one of the electoral divisions listed under each member's name. These electoral divisions make up the District's broad territory, which stretches from Rancho Mirage (at Bob Hope Drive) east to the Salton Sea.

General Information

■ DISCOUNTS

At this time, we are not able to offer discounts for additional family members such as second and third children in our after school programs as we strive to provide the best value to all our guests. Therefore, we have set our prices at the best price-point we can offer, which does not allow for discounting.

■ ERRORS

While every effort is made to assure accuracy of our program information, errors may occur from time to time so we recommend calling to verify information. We apologize if we have made an error in this or any of our publications. PLEASE NOTE: All programs are subject to change without prior notice.

■ FEES

All fees stated in this guide are for District Residents. To determine if your residence falls within the District boundaries, please enter your address at MyRecreationDistrict.com/map-board-representatives. You can also see both the resident and non-resident fees when you view the details of any of the activities in this guide online. If you need additional assistance, please call 760-347-3484.

■ HOURS

The hours we are open varies by Community Center location, activity, and other items such as time of year and special events. Due to all the variations, we recommend calling our Administrative Office at (760) 347-3484 to check the hours we are open in any particular location.

■ PHOTOGRAPHS & VIDEOS

Desert Recreation District (DRD) reserves the right to photograph and video facilities, activities, program and special event participants for potential future use. All photographs and video, whether digital or hard copy, will remain property of DRD and may be used for publicity or promotional purposes only.

■ REFUND/PRORATION/MAKE-UP POLICY

Refunds are only given if Desert Recreation District cancels a program or class. We are sorry; however, we cannot offer make-up classes or prorated fees for missed classes if you cannot attend all classes as we have reserved a spot for you, and possibly turned others away based on your enrollment.

***Si desea esta guía en español,
llame al (760) 347-3484***

Bermuda Dunes

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

A Note Regarding Fees: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

Bermuda Dunes Community Center



78-400 Avenue 42, Bermuda Dunes, CA 92203
(760) 347-3484

HOURS: See Activities for Times/Days



ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

ADAPTIVE FITNESS –

HYBRID (Online & In-person classes offered)

Join us for a demanding workout that has options for all ability levels. Class focuses on strength & conditioning with the use of minimal equipment. You have the option of enrolling for in-person or online classes when you register.

ENROLLMENT: Ongoing

DAYS: Thursdays TIME: 10 – 11 a.m.

AGES: 16 Years of Age and Over with a Disability or a Special Need

FEE: Free

ADAPTIVE GYMNASTICS

Classes focus on proprioceptive, vestibular, and deep pressure inputs to engage participants in the structured setting.

ENROLLMENT: Ongoing

DAYS: Wednesdays

TIME: 10:30 – 11:15 a.m.

AGES: 4 – 10 Years of Age with a Disability or a Special Need

FEE: \$25 per Month



ADAPTIVE MUSIC

Join us in our movement-based music class made for all bodies. This Adaptive Music class will incorporate fitness and fun, into a great workout!

ENROLLMENT: Ongoing

DAYS: Fridays

TIME: 1 – 2 p.m.

AGES: 10 Years of Age and Over with a Disability or a Special Need

FEE: \$25 per Month



ADAPTIVE SEATED FITNESS –

HYBRID (Online & In-person classes offered)

Class focuses on strength, conditioning, and stretching with the use of minimal equipment while in a seated position. Exercise options available for all ability levels. You have the option of enrolling for in-person or online classes when you register.

ENROLLMENT: Ongoing

DAYS: Fridays TIME: 10 – 11 a.m.

AGES: 16 Years of Age and Over with a Disability or a Special Need

FEE: Free



ADAPTIVE STRETCH & STRENGTHENING

This program incorporates a series of dynamic stretches and breathing techniques to promote muscle relaxation and flexibility while utilizing a sensory integration approach. Bring: water, and wear closed toed shoes.

ENROLLMENT: Ongoing

DAYS: Mondays TIME: 10 – 10:45 a.m.

AGES: 10 Years of Age and Over with a Disability or a Special Need

FEE: \$25 per Month

Bermuda Dunes

Please Note: All in-person activities take place at the **Bermuda Dunes Community Center** unless otherwise noted in the activity details that follow.

ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

PARENT & GUARDIAN COFFEE HOUR

This is a peer support group for parents and guardians of children with a disability or special need provided by the collaboration Olive Tree OT, Building Bridges, and Desert Recreation District.

Parenting special needs children/adults can bring immense joy but can also bring unique challenges. Share your journey with other parents who get it, as well as share resources.

Please email Paloma@OliveTreeOT.com for registration.

DATES: January 28 • February 25 • March 25
DAYS: Tuesdays TIME: 10:30 – 11:30 a.m.
AGES: All Ages FEE: Free



ART & MUSIC

BEGINNING PIANO

Students will learn beginning piano in a class setting while using a keyboard. You will be learning notes and rhythm while playing, as well as scales and hand positions. Come join us to learn the beautiful universal language of music!

ENROLLMENT: Ongoing
DAYS: Thursdays TIME: 4 – 5 p.m.
AGES: 6 – 16 Years of Age FEE: \$85 per Month

MIX COLOR AND PAINT IT

Come and learn the three parts of Color: mixing color, recognizing color, and placing color. Each class session will be three hours once per week for six weeks. Note - you must take all classes in order to learn the skills of color mixing and painting. Please obtain supply list upon enrollment from front counter personnel. You are responsible for having class supplies for the first class. (Approx. \$200)

ENROLLMENT: January 8 – February 12
February 19 – March 26 • April 2 – May 7

DAYS: Tuesdays TIME: 1:30 – 4:30 p.m.

AGES: 18 Years of Age and Over

6 FEE: \$240 per 6-Week Session



DANCE

DANCE, PLAY & PRETEND

Young children are introduced to dancing through the help of make-believe and imaginative play and are taught basic ballet movements. Ballet shoes for girls; a tee shirt, shorts and socks for boys are required.

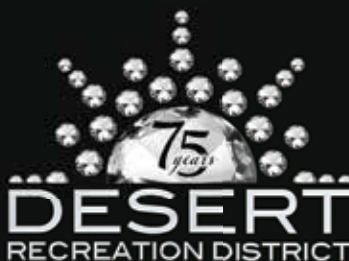
ENROLLMENT: Ongoing
DAYS: Tuesdays TIME: 5:30 – 6:15 p.m.
AGES: 2 ½ – 5 Years of Age FEE: \$42 per Month



ZUMBINI

Zumbini is a music and movement class for children 4 months to 4 years of age with a caregiver. This class develops cognitive, social, emotional, and motor skills in a fun, musical way with songs, dances, and musical instruments.

ENROLLMENT: Ongoing
DAYS: Tuesdays TIME: 4:15 – 5 p.m.
AGES: 4 months – 4 Years of Age with Caregiver
FEE: \$45 per Month DROP-IN FEE: \$15 per Class



#DRD75

Join us in celebrating 75 amazing years of DRD! All year long, share your photos from DRD classes, sports, outdoor adventures, or activities on social media using the hashtag #DRD75. We can't wait to see all the fun and memories you're making!

Bermuda Dunes

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

HEALTH & FITNESS

FUNCTIONAL MINDFULNESS



Learn to create calm, focus and concentration as you practice meditation with your eyes open! You will be taught how to develop the skills of mindful focus and concentration through unique guided meditations. You will leave class with new skills to live your life in peace and contentment.

ENROLLMENT: Ongoing

AGES: 18 Years of Age and Over

DAYS & TIMES: Wednesdays • 12 – 1 p.m.

FEES: \$60 per Month

DROP-IN FEE: \$20 per Class

GENTLE YOGA FOR ACTIVE ADULTS

In Gentle Yoga for Active Adults, we use a holistic and therapeutic approach to promote overall wellness, longevity, rejuvenation, and relaxation using a variety of yoga techniques and postures.

ENROLLMENT: Ongoing

AGES: 18 Years of Age and Over

DAYS: Thursdays

TIMES: 9 – 9:45 a.m.

FEES: \$55 per Month

DROP-IN FEE: \$16 per Class



BERMUDA DUNES COMMUNITY COUNCIL MEETINGS

The Community Council meets at 6 p.m. the second Thursday of January, March, May, September, and November, and the public is welcome to attend.

Please check at www.Rivco4.org before attending as meetings may be held via ZOOM.

Dates: January 16 and March 20, 2025

Thank you.

Adaptive Snow Day



Join us for a day of challenging, safe, and success-oriented adaptive snow sports in Big Bear. Utilizing adaptive equipment and/or teaching techniques, each student can discover the freedom of gliding down a snow-covered mountain. Fee includes five hours of private instruction, ski equipment and lift ticket. You can bring yourself or leave the driving to us.

DATE: Tuesday, March 4, 2025 TIME: 7 a.m. to 5 p.m. (Includes Travel Time)

LESSON TIMES: 9:30 a.m. – 3:30 p.m.

AGES: All Ages with a Disability or a Special Need

FEE: Tentatively \$125 and an extra \$20 if transportation is needed.

To register or for any questions, please contact Kendra Smith at ksmith@drd.us.com or call 760-347-3484.

Cathedral City

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

Cathedral City High School Swimming Pool



69-250 Dinah Shore Drive, Cathedral City, CA 92201
(760) 347-3484
HOURS: See Activities for Times/Days

CAMP & AFTER SCHOOL PROGRAMS

KIDS CLUB – RIVER CANYON

In partnership with Hope through Housing, this Kids Club location is exclusively for the children and teens that reside at River Canyon Apartment Complex; this program provides mentorship, a healthy snack, homework assistance, and activities that support academic enrichment. This program is also designed to engage teens, promote open communication, bridge multicultural differences, and enhance leadership development.



LOCATION: River Canyon Apartment Complex

DATES: Ongoing During School Year
(holidays may be excluded.)

Follows the Palm Springs Unified School District
(PSUSD) Calendar.

TIMES: 3 – 6 p.m. DAYS: Monday – Friday

AGES: 5 – 17 Years of Age FEE: Free



SWIM & WATER ACTIVITIES

LIFEGUARD TRAINING COURSE

This lifeguard course consists of three days of training in which each participant must attend all three days and successfully complete each component of the course. Participants will be expected to swim 300 yards, tread water for 2 minutes, and perform a 10-pound water retrieval test at the beginning of the course.



LOCATION: Cathedral City High School Swimming Pool

DATES: April 16 – 18

DAYS: Wednesday, Thursday, Friday

TIMES: 8 a.m. – 5 p.m.

AGES: 16 Years of Age and Over

FEE: If interested in on-the-job training, the course fee is waived; otherwise, this course is \$250.



Coachella

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

A Note Regarding Fees: : For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

Bagdouma Park Community Center



51-251 Douma Street, Coachella, CA 92201
(760) 501-8120
HOURS: Mon, Wed, Thurs, Fri: 2:30 – 6 p.m.
Tuesday: 3 – 7:30 p.m.
Saturday & Sunday: Closed

Bagdouma Community Pool



84-599 Avenue 52, Coachella, CA 92236
(760) 347-3484
Reserve Spring and Summer Rentals Now

50+ ACTIVE ADULT & SENIOR PROGRAMS

50+ STRONG

Strengthen muscles, maintain joint flexibility, and increase blood flow with exercises that benefit the entire body while having FUN!

ENROLLMENT: Ongoing

DAYS: Mondays & Wednesdays TIME: 8:30 – 9:30 a.m.

AGES: 50 Years of Age and Over FEE: Free

SENIOR WELLNESS FRIDAY'S

Senior Wellness Friday's will incorporate wellness based lessons and activities every Friday alternating between nutrition, fitness, walks/hikes, and meditation/stretching.

ENROLLMENT: Ongoing

DAYS: Fridays TIME: 8:30 – 9:30 a.m.

AGES: 50 Years of Age
and Over

FEE: Free –

Funded by
Transformative
Climate Communities



ART & MUSIC

GUITAR – BEGINNING

Learn to read chord charts and tablature as well as developing your strumming, rhythm, finger picking, tuning your guitar, and proper position. You'll be able to play songs right away! No musical experience needed.

ENROLLMENT: Ongoing

DAYS: Thursdays TIME: 5:15 – 6:15 p.m.

AGES: 9 Years of Age and Over FEE: \$50 per Month

PIANO – BEGINNING

Students will learn piano in a class setting, using the keyboard. In addition to learning beginning scales and hand positions, you will learn notes and rhythm, all on the keyboard.



ENROLLMENT: Ongoing

DAYS: Tuesdays TIME: 5:30 – 6:30 p.m.

AGES: 7 – 16 Years of Age
FEE: \$70 per Month

Coachella

Please Note: All in-person activities take place at the **Bagdouma Community Center** unless otherwise noted in the activity details that follow.

CAMP & AFTER SCHOOL PROGRAMS

COACHELLA SPRING CAMP

Keep your children active during Spring Break! This week long camp will include daily physical activity, nutrition/cooking lessons, arts and crafts, and active play recreational activities. If you're looking for an active and fun spring camp, look no further! ***Please Note: 50% scholarship is available for Coachella residents thanks to the Transformative Climate Communities grant. Must register in person and have proof of Coachella residency to receive scholarship.**

DATES: April 21 – 25 **TIMES:** 7:30 a.m. – 5:30 p.m.
DAYS: Monday – Friday **AGES:** 5 – 12 Years of Age
FEE: \$140 per Child

KIDS CLUB – LAS CASAS

In partnership with the Coachella Valley Housing Coalition, this Kids Club is exclusively for the residents at Las Casas Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment.

LOCATION: Las Casas Apartments
DATES: Ongoing During CVUSD School Year Calendar
(holidays may be excluded)
TIMES: 2:30 – 6 p.m. **DAYS:** Tuesday – Friday
AGES: 5 – 17 Years of Age **FEE:** Free



COMMUNITY EVENTS

EGGSTRAVAGANZA

Bunny hop down and participate in our annual Eggstravaganza event! This event includes egg hunts, arts & crafts, carnival games, and a surprise visit from the Easter Bunny!

LOCATION:
Bagdouma Park in Coachella
DATE: Saturday, April 12
TIME: 10 a.m. – 12 p.m.
AGES: 12 Years of Age & Younger
FEE: Free



HEARTS AND CRAFTS VALENTINE WORKSHOP

Join us for a fun filled Valentine's - Hearts and Crafts night! Cupid will host a night of crafts, games, and goodies! Don't forget to bring a box to decorate for all your Valentine's Day cards. Registration is required. XOXO.

DATE: Wednesday, February 12 **TIME:** 5:30 – 7 p.m.
AGES: 5 – 12 Years of Age **FEE:** Free

DANCE

BEGINNING BALLET

Dancers will learn ballet's basic steps and beginning dance positions. This class is designed to improve children's coordination and poise while introducing music appreciation and interpretations.

ENROLLMENT: Ongoing
DAYS: Fridays
TIME: 5:30 – 6:15 p.m.
AGES: 5 – 10 Years of Age
FEE: \$42 per Month



DANCE, PLAY & PRETEND

Your child will have fanciful fun and playful, make-believe time while being introduced to music and dance. This class teaches movement and coordination, using fantasy and imagination. Ballet shoes for girls; tee shirt, shorts and socks for boys are required.

ENROLLMENT: Ongoing
DAYS: Thursdays **TIME:** 4 – 4:45 p.m.
AGES: 2 ½ – 5 Years of Age **FEE:** \$42 per Month

FOLKLORICO (Ballet Folklorico)

Learn the many different styles of the cultural dance originated in Mexico. The choreography reflects Mexico's diverse ethnic makeup through dances steps influenced by Spain, European, African and Caribbean cultures.

ENROLLMENT: Ongoing
DAYS: Tuesdays
TIMES & AGES: 5:30 – 6:30 p.m. • 3 – 5 Years of Age
6:35 – 7:35 p.m. • 5½ – 8 Years of Age
FEE: \$55 Per Month
(Shoes and dress can be purchased with the instructor)

Coachella

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

HEALTH & FITNESS

FULL BODY BOOTCAMP



Classes will consist of cardiovascular exercises, weighted exercises, body weight exercises, and HIIT cardio. Tone up, burn fat, and gain some muscle! Everyone's welcome!

***Please Note: 50% scholarship is available for Coachella residents thanks to the Transformative Climate Communities grant. Must register in person and have proof of Coachella residency to receive scholarship.**

ENROLLMENT: Ongoing

DAYS: Tuesdays TIMES: 5:30 – 6:30 p.m.

AGES: 18 – 55 Years of Age FEES: \$25 per Month*

LATIN DANCE FITNESS



Shake your hips and break a sweat with Latin Dance Fitness! Latin Dance Fitness is a fun, full-body workout that combines dance and fitness cardio movements with Latin Hip-Hop music. We welcome beginners – advanced adults looking for an excellent workout. ***Please Note: 50% scholarship is available for Coachella residents thanks to the Transformative Climate Communities grant. Must register in person and have proof of Coachella residency to receive scholarship.**

ENROLLMENT: Ongoing

DAYS: Wednesdays TIMES: 5:30 – 6:30 p.m.

AGES: 18 – 55 Years of Age FEES: \$25 per Month*

YOGA

Our beginner friendly Yoga class welcomes all levels, guiding you through movements that strengthen, balance, and awaken your inner peace. Whether you are new to yoga or experienced, each class will leave you feeling aligned, refreshed, and deeply connected to yourself.



ENROLLMENT: Ongoing

AGES: 10 – 55 Years of Age

DAYS & TIMES: Mondays • 6:30 – 7:30 p.m.

FEES: \$45 per Month

SPORTS

BASKETBALL TRAINING ZONE

This class offers you drills and quality instruction that will help you develop your basketball skills by enthusiastic instructors!

LOCATION: Bagdouma Park Basketball Courts

ENROLLMENT: Ongoing

DAYS: Fridays TIME: 5 – 6 p.m.

AGES: 7 – 12 Years of Age FEE: \$40 per Session

BEGINNER VOLLEYBALL – COED

This beginning class is designed to help you learn and develop a basic understanding of volleyball. Instruction will include learning the basic skills of serving, passing, setting, attacking, and blocking the ball.



LOCATION: Bagdouma Park

ENROLLMENT: March • April

DAYS: Wednesdays TIME: 5 – 6 p.m.

AGES: 7 – 13 Years of Age FEE: \$40 per Month

T-BALL ROOKIES

T-Ball Rookies is geared toward helping young athletes develop beginner level baseball skills. Class includes basic fundamentals such as catching, throwing, batting stance and base running. Athletes are required to bring their own glove.

LOCATION: Bagdouma Park

ENROLLMENT: January

DAYS: Mondays TIME: 5:30 – 6:15 p.m.

AGES: 4 – 6 Years of Age FEE: \$30 per Month

TINY SOCCER STARS



Our instructors will teach children the beginning fundamentals of the sport of soccer that include passing, trapping, shooting, and defending. This program is great for participants who have little to no soccer experience. ***Please Note: 50% scholarship is available for Coachella residents thanks to the Transformative Climate Communities grant. Must register in person and have proof of Coachella residency to receive scholarship.**

LOCATION: Bagdouma Park

ENROLLMENT: Ongoing

DAYS: Wednesdays TIME: 6:15 – 7 p.m.

AGES: 4 – 6 Years of Age FEE: \$30 per Month*

Coachella

Please Note: All in-person activities take place at the **Bagdouma Community Center** unless otherwise noted in the activity details that follow.

SPORTS

TODDLER & ME SOCCER



Join us for fun toddler friendly soccer activities, exercises, and games. It is a wonderful opportunity to teach your kiddo how to socialize and stimulate brain development through active play. ***Please Note: 50% scholarship is available for**

Coachella residents thanks to the Transformative Climate Communities grant. Must register in person and have proof of Coachella residency to receive scholarship.

LOCATION: Bagdouma Park

ENROLLMENT: Ongoing

DAYS: Wednesdays

TIME: 5:30 – 6 p.m.

AGES: 2 – 4 Years of Age

FEE: \$20 per Month*



YOUTH FLAG FOOTBALL CLINIC

Join us to sharpen your footwork, speed, and skills to get your game to the next level! This session is going to be non-contact drills to focus on your individual skills and sharpen your techniques to prepare for your next football season.

ENROLLMENT: January

DAYS: Wednesdays TIME: 6 – 7 p.m.

AGES: 7 – 10 Years of Age

FEE: \$40 per Month

TOT PROGRAMS

TINY TUNE TOTS

Join us for our Parent-Toddler music bonding class to explore the wonders of music through playful activities, interactive songs, and rhythmic adventures. Stimulate your child's imagination, creativity, and social skills in a nurturing environment filled with joy and laughter.

ENROLLMENT: Ongoing DAYS: Mondays

TIME: 5:30 – 6 p.m. AGES: 2 – 4 Years of Age

FEE: \$20 per Month



SPARTAN RACE DISCOUNT

Take 40% off your next Spartan USA Sprint, Super, Beast, Ultra, or Kids event registration with the code

DRD40

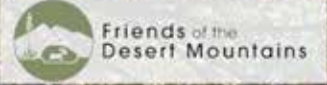


www.Spartan.com





OUTDOOR ADVENTURES



We would like to recognize our generous grant funders for their financial support of these programs. Hiking Excursions, Trips for Kids Bike Rides, and Rock-Climbing Adventures are made possible by California State Parks and Coachella Valley Mountains Conservancy through the Desert Recreation District Foundation. We are able to offer free 3-day, 2-night camping trips free of cost to residents! This program is funded by the Outdoor Equity Grants Program, created through AB 209 and administered by California State Parks, Office of Grants and Local Services.



TAKE A HIKE SATURDAY! PAINTED CANYON HIKE

- Ladder Canyon Trail, Mecca**
- Saturday, January 4, 2025
- Randall Henderson Trail, Palm Desert**
- Saturday, February 8, 2025
 - 9 a.m. - 12 p.m.
 - 5 - 13 Years of Age
 - Friends and Families, join us for a fun Saturday Hike! Limited Transportation Available.



COMMUNITY CV LINK RIDE

- CV Link (Multiple-Areas)**
- Valentine's Day CV Link Ride: Friday, February 14, 2025
 - 8 - 11 a.m.
 - All Ages
 - Meet us at the link! Bring your own bike or check-out one from us. Community Bike Club is for bike enthusiasts of all ages and bike handling skill levels.



YOUTH OUTDOOR DISCOVERY PROGRAM

- The Wildlands Conservancy's Oak Glen Preserve**
- Monday, February 10, 2025
 - Tuesday, April 8, 2025
 - 8 a.m. - 4 p.m.
 - 5-17 years of age and families
 - Explore southern California habitats on a botanical garden trail with interactive outdoor education activities! Transportation Provided.



COMMUNITY CAMPING

- Anza Borrego Desert State Park**
- March 7 - March 9, 2025
 - 8 a.m. Friday - 12 p.m. Sunday
 - 8 Years of Age and Older
 - Spend a few nights under the stars in the Colorado Desert! Meals and basic camping gear provided.



OUTDOOR ROCK CLIMBING ADVENTURE

- Joshua Tree National Park**
- Saturday, March 22, 2025
 - 8 a.m. - 3 p.m.
 - 10 - 17 Years of Age
 - Come out and challenge your physical and mental abilities on the rock! All gear provided.



KAYAKING AND WELLNESS RETREAT

- Castaic Lake, SRA**
- April 24 - 26, 2025
 - 10 a.m. Thursday - 12 p.m. Saturday
 - 8 Years of Age and Older
 - Join us for a weekend of kayaking, camping, meditation, journaling and more! Meals, basic camping gear, and kayaks provided.

For more information on Outdoor Adventures
Email: OutdoorFun@drd.us.com Call: 760-347-3484
or visit MyRecreationDistrict.com/outdoors



Welcome to your new perch!



kestrel

A Richard Blais Kitchen + Lounge



To make a reservation at Kestrel, please call 760.346.4653
or visit IndianWellsGolfResort.com.

Indio

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

A Note Regarding Fees: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

Indio Community Center



45-871 Clinton Street, Indio, CA 92201
(760) 347-4263

HOURS: Monday – Friday: 6 a.m. – 9 p.m.
Saturday: 10 a.m. – 2 p.m.
Sunday: Closed

Indio Teen Center



81-678 Avenue 46, Indio, CA 92201
(760) 347-4263

HOURS: See Activities for Times/Days

Pawley Pool Family Aquatic Complex



46-350 Jackson Street, Indio, CA 92201
(760) 342-5665

HOURS: See Activities for Times/Days



ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

PLEASE NOTE: Sport chairs are available for use during adaptive programs. Call the adaptive team, 760.834.9597, to request a sports chair during a session.

ADAPTIVE ARCHERY

Archery is a sport to assist with muscle development, accuracy, balance, coordination, and patience. The program takes place in a highly supervised environment where positive encouragement and individualized instruction is provided to encourage participant success.



ENROLLMENT: Ongoing

DAYS: Tuesdays

FEE: \$25 per Month

Adaptive Archery – Adults

TIME: 2:30 – 3:30 p.m.

AGES: 18 Years of Age and Over with a Disability or a Special Need

Adaptive Archery – Youth

TIME: 3:30 – 4:30 p.m.

AGES: 7 – 17 Years of Age and Over with a Disability or a Special Need

ADAPTIVE BASKETBALL

Focus on developing basketball skills through drills with progression to game play. Participants will receive instruction from our adaptive coaches while working through drills.

ENROLLMENT: Ongoing

DAYS: Wednesdays

TIME: 3 – 4 p.m. **OR** 4 – 5 p.m.

AGES: 10 Years of Age or Over with a Disability or a Special Need

FEE: \$25 per Session

ADAPTIVE BOCCIA

Join us for Boccia, the Paralympic sport for all abilities. We are looking to expand this skill and accuracy driven game within the valley, and the skill sets of each participant.

ENROLLMENT: Ongoing

DAYS: Wednesdays

TIME: 2 – 2:45 p.m.

AGES: 10 Years of Age or Over with a Disability or a Special Need

FEE: \$25 per Month



Please Note: All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.



ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

ADAPTIVE EGGSTRAVAGANZA

Join us for the Adaptive Easter Egg Hunt! Find as many eggs as you can and have fun with games, prizes and yummy snacks!

DATE: Saturday, April 19

TIME: 9 – 10 a.m.

AGES: All Ages or Over with a Disability or a Special Need

FEE: Free



ADAPTIVE FITNESS

Join us for a demanding workout that has options for all ability levels. Class will focus on strength & conditioning with the use of minimal equipment.

ENROLLMENT: Ongoing

DAYS: Tuesdays TIMES: 5 – 5:45 p.m.

AGES: 8 Years of Age or Over with a Disability or a Special Need

FEE: \$25 per Month

ADAPTIVE GYMNASTICS

Classes focus on proprioceptive, vestibular, and deep pressure inputs to engage all participants in the structured setting.

ENROLLMENT: Ongoing

DAYS: Saturdays TIME: 9 – 9:50 a.m.

AGES: 5 – 12 Years of Age with a Disability or a Special Need

FEE: \$25 per Month

ADAPTIVE POWERHOUSE

Get more familiar with gym equipment, learn more about how each muscle group interacts with each other. Learn how to set up a proper work out regiment and how to properly lift weights to minimize injuries.

LOCATION: Weight Room

ENROLLMENT: Ongoing

DAYS: Mondays TIME: 11:30 a.m. – 12:15 p.m.

AGES: 18 Years of Age or Over with a Disability or a Special Need

FEE: \$25 per Month

ADAPTIVE YOGA

Join us to stretch and relax! The program focuses on controlled stretching through slow motions and controlled breathing. It will promote the use of flexibility and muscle mobility.

ENROLLMENT: Ongoing

DAYS: Tuesdays TIME: 10 – 10:45 a.m.

AGES: 18 Years of Age or Over with a Disability or a Special Need

FEE: \$25 per Month



ART & MUSIC

DRUMS CLASSES

Classes will consist of playing and learning fun rhythms on buckets that will be supplied. Students will need to bring their own pair of drumsticks or purchase a pair of drumsticks in class for \$10. Instructor will bring real drum set to class on last day of month for students to jam on.

ENROLLMENT: Ongoing DAYS: Thursdays

AGES & TIMES: 4 – 6 Years of Age, 5 – 5:30 p.m.

7 – 9 Years of Age, 5:45 – 6:15 p.m.

FEES: \$100 per Session

GUITAR – BEGINNING

Class teaches the basics you need to start playing the guitar. Learn to read chord charts and tablature, and develop skills like strumming, rhythm, finger picking, and tuning. Learn to play songs right away!

ENROLLMENT: January 9 – February 6

February 20 – March 20 • April 3 – May 18

TIME: 6 – 7 p.m. DAYS: Thursdays

AGES: 9 Years of Age and Over

FEE: \$80 per Session

GUITAR – SECOND LEVEL

Class teaches new chords, rhythms and songs from Johnny Cash, Sheryl Crow, Rod Stewart, and others. Also enjoy an easy introduction to reading standard notation for learning simple guitar solos.

ENROLLMENT: January 9 – February 6,

February 20 – March 20 • April 3 – May 18

TIME: 7 – 8 p.m. DAYS: Thursdays

AGES: 9 Years of Age and Over

FEE: \$80 per Session

PARENT AND ME MUSIC TIME

Enjoy this music time, having fun and bonding with your child. This class is for children and their parent(s) to come and learn a song or a dance.



ENROLLMENT: Ongoing
DAYS: Saturdays **TIMES:** 11:30 a.m. – 12 p.m.
AGES: Children 2 & 3 Years of Age with Parent or Guardian
FEES: \$40 per Month

PIANO – ADULT

This class will teach adults how to play piano from the start by using a keyboard. They will learn notes, rhythms, scales, and hand positions.

ENROLLMENT: Ongoing
DAYS: Thursdays **TIMES:** 10 – 11 a.m.
AGES: 18 Years of Age and Over **FEE:** \$65 per Month

PIANO – YOUTH BEGINNING

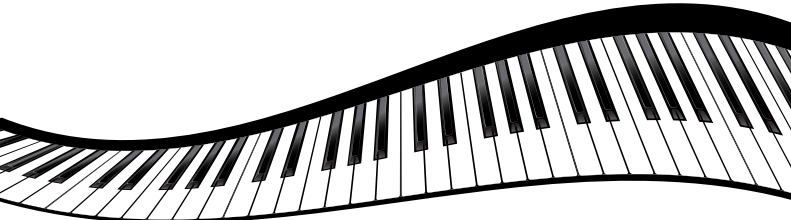
Students will learn piano in a class setting, using the keyboard. In addition to learning beginning scales and hand positions, you will learn notes and rhythm, all on the keyboard.

ENROLLMENT: Ongoing
DAYS: Saturdays **TIMES:** 9 – 10 a.m. **OR** 10 – 11 a.m.
AGES: 7 – 16 Years of Age **FEE:** \$85 per Month

PIANO – YOUTH INTERMEDIATE

Students will continue their piano journey by learning more techniques and scales. They will be playing song pieces from song books and sheet music that will be easy but challenging for the student.

ENROLLMENT: Ongoing
DAYS: Wednesdays **TIMES:** 6:30 – 7:30 p.m.
AGES: 7 – 16 Years of Age **FEE:** \$85 per Month



PRESCHOOL DRUM CLASSES

Classes will consist of children learning beats and rhythms using all five senses, while enhancing large and small motor skills. Every week children will have fun playing with instruments, dancing with colorful scarves, listening to different types of music, and making art projects.

ENROLLMENT: Ongoing
DAYS: Thursdays **TIMES:** 4 – 4:30 p.m.
AGES: 2y 5mo – 3 Years of Age **FEE:** \$100 per Session

PRESCHOOL WINTER & SPRING ART PROGRAMS

This program is a great way to introduce young children to the importance of Art. Join us to have fun getting creative and learn how to create various art projects. All supplies will be provided and at the end of each class, participants will be able to take their completed project home.

LOCATION: Indio Teen Center
WINTER DATES & TIMES:
Saturday, January 4 • 11:45 a.m. – 12:45 p.m.
Saturday, February 15 • 11:45 a.m. – 12:45 p.m.
SPRING DATE & TIME:
Thursday, April 24 • 3 – 4:30 p.m.
AGES: 2 – 4 Years of Age **FEE:** \$12 per Participant

WINTER & SPRING ART PROGRAMS

Our Art Programs are a great way to introduce youth to the importance of Art. Youth will have the opportunity to have fun, get creative and learn how to create various art projects without having any artistic abilities. All supplies will be provided and at the end of each class participants will be able to take their completed project home.



LOCATION: Indio Teen Center
WINTER DATES & TIMES:
Saturday, January 4 • 10 – 11:30 a.m.
Saturday, February 15 • 10 – 11:30 a.m.
SPRING DATE & TIME:
Thursday, April 24 • 4:45 – 5:45 p.m.
AGES: 6 – 11 Years of Age **FEE:** \$12 per Participant

Please Note: All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.

CAMP & AFTER SCHOOL PROGRAMS

KIDS CLUB – VILLA HERMOSA

In partnership with the Coachella Valley Housing Coalition, this Kids Club location is exclusively for the residents at Villa Hermosa Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment. Program follows the DSUSD calendar.



LOCATION: Villa Hermosa Apartments

ENROLLMENT: Ongoing During School Year
(holidays may be excluded)

TIME: 2:30 – 6 p.m. **DAYS:** Tuesday through Friday

AGES: 5 – 17 Years of Age **FEE:** Free

SPRING CAMP

Campers' week will be full of exciting true camp experiences as staff leads the group in fun, lively camp games and songs. Campers will learn new skills and build self-esteem through sports, activities, scavenger hunts, creative arts and tons of group games. All activities are carried out under the watchful eye of our camp staff.



AGES: 5 – 12 Years of Age (child must have completed Kindergarten)

DATES: April 21 – 25 **DAYS:** Monday – Friday

TIMES: 7:30 a.m. – 6 p.m.

FEES: \$140 per 1-Week Session

\$30 Daily Drop-in Available on Non-Field Trip Days

COMMUNITY EVENTS

COMMUNITY RESOURCE FAIR

We invite all residents of Indio and neighboring communities to come on out to socialize and gather resources from local businesses and non-profits. This is a great opportunity to learn about resources available to you in your community.

LOCATION: Miles Avenue Park

DATE: Saturday, January 25 **TIME:** 10 a.m. – 1 p.m.

AGES: All Ages **FEE:** Free

DIA DE LOS NIÑOS

Please join us as we celebrate the Day of the Child. We will have various craft activities, fun games, books, shows and prizes.

DATE: Saturday, April 26

TIME: 10 a.m. – 12 p.m.

AGES: 2 – 9 Years of Age **FEE:** Free



EASTER SCAVENGER HUNT

Come on down to our scavenger hunt around the park and find all the items on your card and turn it in for a special prize. This event will take place outdoors. Space is limited and registration is required.

LOCATION: Rotary Park at North Jackson Park

DATE: Friday, April 11 **TIME:** 5 – 7 p.m.

AGES: 3 – 11 Years of Age **FEE:** Free

EGGSTRAVAGANZA

Come on down and participate in our Eggstravaganza Event. We will divide the egg hunt into age groups. After the egg hunts we will have games, arts & crafts, face painting, crazy hair painting and even a visit from the Easter Bunny.

DATE: Saturday, April 19 **TIME:** 10 a.m. – 12 p.m.

AGES: 12 Years of Age and Younger **FEE:** Free



LOTERIA NIGHT

Come join us for an exciting game of Loteria. All are welcome to participate in this fast-paced night of Loteria.

LOCATION, DATES & TIMES:

Indio Community Center • Friday, February 21 • 5:30 – 6:30 p.m.

Pavilion 1 Miles Ave. Park • Friday, March 21 • 5:30 – 6:30 p.m.

AGES: All Ages **FEE:** Free

ST PATRICK'S DAY LEPRECHAUN HUNT

Lucky the Leprechaun has hidden gold all throughout the park and we need your help to find the lucky pot of gold! This event will take place outdoors and will have various craft stations set up after the Leprechaun Hunt. Space is limited and registration is preferred.



DATE: Saturday, March 15

TIME: 9 a.m. – 12 p.m.

AGES: 4 – 9 Years of Age FEE: Free

TINKERBELL TEA PARTY

Come dressed in your finest attire or party dress and join us for a magical Tinkerbell Tea Party! Play fun fairy themed games and create enchanting crafts and enjoy a delightful tea party complete with fairy-approved snacks. Space is limited. Pre-Registration is required.

DATE: Friday, April 4 TIME: 4 – 5:30 p.m.

AGES: 3 – 9 Years of Age FEE: \$20 per Participant

VALENTINE'S CRAFT EVENT & SCAVENGER HUNT

This is a great event to celebrate Valentines Day by participating in our scavenger hunt around the park and visiting one of our craft booths and make a handmade valentine for one of your loved ones.

DATE: Saturday, February 8

HUNT TIMES: 9 a.m. – 12 p.m.

AGES: 3 – 11 Years of Age

FEE: Free



DANCE

BEGINNING BALLET

Children let their inner ballerinas emerge while they are taught the basics of ballet in this beginning class. These classes can also improve balance, poise, and coordination.

ENROLLMENT: Ongoing

DAYS & TIMES:

Mondays, 5:30 – 6:15 p.m. **OR** Wednesdays, 4 – 4:45 p.m.

AGES: 5 – 10 Years of Age

FEE: \$42 per Month

DANCE, PLAY & PRETEND

Young children are introduced to dancing through the help of make-believe and imaginative play and are taught basic ballet movements. Ballet shoes for girls; a tee shirt, shorts and socks for boys are required.

ENROLLMENT: Ongoing

DAYS: Tuesdays TIME: 9 – 9:45 a.m.

AGES: 2 ½ – 5 Years of Age FEE: \$42 per Month

LINE DANCING FOR BEGINNERS

Join us to learn Line Dancing in this fun and upbeat class! Learn the Cupid Shuffle, Electric Slide, and today's most popular steps too! Great exercise - Physical and Mental! Dancing keeps your body fit, your mind sharp and your spirits lifted.

ENROLLMENT: January 3 – 24 • February 7 – 28

March 7 – 28 • April 4 – 25

DAYS: Fridays TIME: 11 a.m. – 12 p.m.

AGES: 18 Years of Age and Over

FEE: \$55 per Month DROP-IN FEE: \$15 per Class

SALSA

BEGINNING SALSA

This class is designed for the first-time dance student who has never danced before, but always wanted to. Students will be taught the fundamentals, leads and follow along with a better understanding of music and rhythms of Salsa.

ENROLLMENT: Ongoing

DAYS: Mondays TIME: 6:30 – 7:30 p.m.

AGES: 18 Years of Age and Over

FEE: \$60 per Month DROP-IN FEE: \$20 per Class

INTERMEDIATE SALSA

This class is for dancers who are comfortable with the basics and want to build upon what they already learned. Participants will learn more intricate patterns with a good flow which in turn makes this class super fun.

ENROLLMENT: Ongoing

DAYS: Mondays TIME: 7:30 – 8:30 p.m.

AGES: 18 Years of Age and Over

FEE: \$60 per Month DROP-IN FEE: \$20 per Class



Please Note: All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.

GYMNASTICS

Location of classes: All gymnastics classes are held at The District Gymnastics Academy located within the Indio Community Center and enrollment is ongoing unless otherwise noted.

A NOTE REGARDING GYMNASTICS REGISTRATION:

Priority registration is available at one of the courtesy counters for currently enrolled participants re-enrolling in their same class for the following month, or first-time participants enrolling in the current month.

Open enrollment at the courtesy counter is available the first day of the month for those on the waitlist and new participants as spots become available.

Fees for one day per week classes are adjusted for three, four, or five week sessions.

BUDDY 'N ME GYMNASTICS

You and your little buddy will love this class! Toddlers get the chance to have fun learning coordination skills like balancing, climbing, tumbling, swinging, and bouncing. Tumbling together is exhilarating.

AGES: 1 – 4 Years of Age with a Parent or Guardian

DAYS & TIMES:

Wednesdays: 1:45 – 2:15 p.m. **OR** 2:15 – 2:45 p.m.
Thursdays: 2:30 – 3 p.m. • Saturdays: 10:15 – 10:45 a.m.
FEE: \$45 per 4-week session

BOYS' BEGINNING GYMNASTICS

This class teaches all six men's gymnastics Olympic events of vault, horizontal bar, parallel bars, pommel horse, floor and rings. Class focus will be on gymnastics skills and techniques while increasing strength and flexibility, coordination, and self-esteem.

DAY & TIME: Mondays • 5 – 6:30 p.m.
FEE: \$80 per 4 week session



BOYS' INTERMEDIATE GYMNASTICS

This class is by Invitation-only and designed for second level skills. This class teaches all six men's gymnastics Olympic events of vault, horizontal bar, parallel bars, pommel horse, floor and rings.

DAY & TIMES: Mondays • 6:30 – 8 p.m.
FEE: \$80 per 4 week session

DESERT TUMBLEWEEDS GYMNASTICS

This is the perfect class for little gymnasts. Preschoolers learn balance and coordination skills. The class emphasizes concentration, sharing and social skills while building physical strength. Your little tumbleweed will have lots of fun!

AGES: 4 – 6 Years of Age

DAYS & TIMES:

Mondays: 2:30 – 3:15 p.m. **OR** 3:30 – 4:15 p.m. **OR** 4:15 – 5:00 p.m. **OR** 5:30 – 6:15 **OR** 6:30 – 7:15 p.m.
Tuesdays: 3 – 3:45 p.m. **OR** 3:45 – 4:30 p.m. **OR** 5:15 – 6:00 p.m. **OR** 6 – 6:45 p.m. **OR** 6:45 – 7:30 p.m.
Thursdays: 2:30 – 3:15 p.m. **OR** 4:30 – 5:15 p.m. **OR** 4:45 – 5:30 p.m. **OR** 5:30 – 6:15 **OR** 6:45 – 7:30 p.m.
Saturdays: 10 – 10:45 a.m.

AGES: 3 – 6 Years of Age

DAYS & TIMES:

Tuesdays: 1:30 – 2:15 p.m. **OR** 2:15 – 3 p.m.
Wednesdays: 3 – 3:45 p.m. **OR** 3:45 – 4:30 p.m.
OR 4 – 4:45 p.m. **OR** 4:30 – 5:15 p.m. **OR** 5:15 – 6:00 p.m.
FEE: \$60 per 4-week session

GIRLS' BEGINNING GYMNASTICS

Girls interested in gymnastics will love this class as it gets to the heart of the four Olympic events for women of vault, bars, beam and floor. While learning basic skills and techniques, this class also includes flexibility and strength training.



GIRLS' BEGINNING GYMNASTICS CONT.

DAYS & TIMES:

Mondays: 4 – 5:30 p.m. **OR** 4:30 – 6 p.m.
OR 4:45 – 6:15 p.m. **OR** 6:15 – 7:45 p.m.
Tuesdays: 3 – 4:30 p.m. **OR** 3:45 – 5:15 p.m.
OR 4:30 – 6 p.m. **OR** 6:30 – 8 p.m.
Wednesdays: 3 – 4:30 p.m. **OR** 4:30 – 6 p.m.
OR 6 – 7:30 p.m. **OR** 6:30 – 8 p.m.
Thursdays: 3 – 4:30 p.m. **OR** 3:15 – 4:45 p.m. **OR**
 3:45 – 5:15 p.m. **OR** 4 – 5:30 p.m. **OR** 4:30 – 6 p.m.
OR 5:30 – 7 p.m. **OR** 6 – 7:30 p.m.
Saturdays: 11 a.m. – 12:30 p.m.
FEE: \$80 per 4 week session

GIRLS' INTERMEDIATE GYMNASTICS

This class is by Invitation-only and designed for second level skills. Instruction follows USA Gymnastics progressions on the four Olympic events of vault, bars, beam, and floor with continual emphasis on strength and flexibility.

DAYS & TIMES:

Tuesdays: 4:45 – 6:15 p.m. **OR**
 6 – 7:30 p.m.
Wednesdays: 3 – 4:30 p.m. **OR**
 4:30 – 6 p.m.
Thursdays: 5:15 – 6:45 p.m. **OR** 6:30 – 8 p.m.
Saturdays: 11 a.m. – 12:30 p.m.
FEE: \$80 per 4-week session



GIRLS' ADVANCED GYMNASTICS

Another acknowledgment of advanced skills, this by Invitation-only class follows the progressions of USA Gymnastics on the four Olympic events of vault, bars, beam, and floor. Train with the best in the valley as skills continue to improve.

DAYS & TIMES:

Mondays 3:15 – 4:45 p.m. **OR** **Wednesdays** 4:30 – 6 p.m.
FEE: \$80 per 4-week session



GYMNASTICS TUMBLING

Learn tumbling skills on the floor and tumble track. This class focuses on specific drills for learning correct form and is recommended for those who want to acquire cheerleading tumbling skills.

DAYS: Mondays
TIME: 7 – 8 p.m.
FEE: \$70 Per 4-week session



TEAM DEVELOPMENT GYMNASTICS

By Invitation-only. *The District Gymnastics Development program is a preparatory and accelerated gymnastics training option for young gymnasts to make an easy transition to our competitive gymnastics team.*

DAYS: Tuesdays & Thursdays **TIME:** 6 – 8 p.m.
FEE: \$150 per Month

TEAM COMPULSORY GYMNASTICS

By Invitation-only. *Levels 2, 3, 4 and 5 skills must be completed as defined by USA Gymnastics. This class provides an opportunity for gymnasts with advanced skills required for competition to shine in the sport of gymnastics and follows USA Gymnastics progressions for Level 2, 3, Level 4, and Level 5. Invitations are extended to individuals who demonstrate a strong dedication to the requirements of competitive training. The team competes in three to five meets throughout the year.*

(Additional fee required for meets and competitive attire).

DAYS: Level 2 & 3 Mondays, Wednesdays, Fridays **OR**
 Level 4 & 5 Tuesdays, Thursdays, Fridays
TIME: 4 – 7 p.m. **FEE:** \$185 per Month

SENIOR TEAM – OPTIONAL GYMNASTICS

By Invitation-only. *Levels 6 to 10 skills must be completed as defined by USA Gymnastics.*

DAYS: Mondays, Tuesdays, Thursdays, Fridays
TIME: 4 – 7 p.m.
FEE: \$235 per Month

Please Note: All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.



GYMNASTICS

GYMNASTICS JAMBOREE

Gymnastics Jamboree provides an open gym experience for participants to practice or learn new skills in a social, supervised setting.

DAYS & TIMES: Friday: 6:30 – 8 p.m.

Saturday: 12:30 – 2 p.m.

FEE: \$10 per Person

GYMNASTICS PRIVATE INSTRUCTION

Private lessons accelerate and enhance learning while overcoming obstacles. They are perfect for students who would like extra time and individual attention to work on specific skills. Please inquire with any of our coaches.

FEE: \$35 per 30 minutes



1.5 HOUR GYMNASTICS ONLY PARTY

1 – 10 people, \$175 **-OR-**
11 – 20 people, \$275

2.5 HOUR PARTY

(1 ½ hours gymnastics & 1 hour
use of multi-purpose room)

1 – 10 people, \$225 **-OR-**
11 – 20 people, \$325

What a great way to celebrate your next Birthday at The District Gymnastics Academy in The Indio Community Center!

You and your friends will have a great time doing an hour and a half of fun-filled gymnastics and games as our coaching staff is trained to provide a safe and structured party that is sure to be a hit.

Call and Book Your Party Today!

**Follow us at
facebook.com/drdgym**



HEALTH & FITNESS

MAT PILATES

This class focuses on Pilates exercises performed on a mat. It is body weight orientated and emphasizes alignment, breathing, core-strength, flexibility, and controlled movements. This class is suitable for all levels with results in overall body-conditioning.

ENROLLMENT: Ongoing **DAYS:** Tuesdays

TIMES: 10 – 10:45 a.m. **OR** 6:30 – 7:15 p.m.

AGES: 16 Years of Age and Over

FEE: \$40 per Month

DROP-IN FEE: \$15 Per Class

SALSAEROBICS

Aerobics with a Latin kick! This is the ideal class to have fun while getting in shape. It combines aerobics, dance and exercise all to a salsa beat! The workout benefits include flexibility, conditioning and shaping up.

ENROLLMENT: Ongoing

DAYS: Mondays, Wednesdays, Fridays

TIME: 8 – 10 a.m. **AGES:** 18 Years of Age and Over

FEE: \$45 per Month

DROP-IN FEE: \$7 Per Class



MARTIAL ARTS

KARATE COMBO – 2 DAYS

These classes focus on a combination of traditional martial arts philosophies with modern day self-defense strategies while gaining self-esteem and discipline.

ENROLLMENT: Ongoing

DAYS & TIMES: Tuesdays & Thursdays, 7 – 8 p.m. **OR**

Mondays & Wednesdays, 6:45 – 7:45 p.m.

AGES: 7 Years of Age and Over **FEE:** \$40 per Month

LITTLE DRAGONS KARATE PROGRAM

Our Little Dragons program teaches children balance, coordination, listening skills and respect. It is also a fun way for children to learn the art of self-defense using all parts of the body.

ENROLLMENT: Ongoing **DAYS:** Tuesdays & Thursdays

TIMES: 6 – 6:30 p.m. **OR** 6:30 – 7 p.m.

AGES: 4 – 6 Years of Age **FEE:** \$50 per Month

SPECIAL INTEREST

SPRING THEMED STEAM DAYS

This program provides participants with a safe place to let their creative minds explore.

Youth will have the opportunity to have fun, be creative and learn how to create various STEAM projects. Each class will be led by an instructor, and they will receive step-by-step instructions on how to create the various activities. All supplies will be provided.



Spring Themed Pre-K STEAM Day

LOCATION: Indio Teen Center

DATE: Wednesday, April 23 AGES: 3 – 5 Years of Age

TIMES: 5:30 – 6:30 p.m. FEE: \$12 per Participant

Spring Themed STEAM Day

LOCATION: Indio Teen Center

DATE: Wednesday, April 23 AGES: 6 – 12 Years of Age

TIMES: 4 – 5:30 p.m. FEE: \$12 per Participant

SPORTS

ARCHERY

ARCHERY – YOUTH

Our archery program teaches the fundamentals of archery including proper shooting form. This program takes place in a highly supervised environment where positive encouragement and individualized instruction is provided to promote participant success.

ENROLLMENT: Ongoing

DAYS: Tuesdays **OR** Thursdays TIMES: 4:30 – 5:30 p.m.

AGES: 7 – 17 Years of Age FEE: \$40 Per Month

BASEBALL

MLB PITCH, HIT, & RUN EVENT

Major League Baseball Pitch Hit & Run is a free event that provides boys and girls an opportunity to showcase their baseball and softball skills, while earning a chance to attend and perform during the MLB World Series! Desert Recreation District is teaming up with Indio Youth Sports Association to provide this event for our community.

DATE: Saturday, April 12

TIMES: 8:30 a.m. – 12:30 p.m.

AGES: 7 – 14 Years of Age FEE: Free



BASKETBALL

BASKETBALL CLINIC – COED

Our clinic offers quality and motivational instruction in a fun, competitive environment. This program covers proper stretching, offensive and defensive drills, and correct shooting practices. Participants will play competitive basketball and learn rules, strategies, and team play.

LOCATION: Indio Teen Center – Outdoor Courts

DATES: March 1 – 29 DAYS: Saturdays

TIME: 10 – 11 a.m. AGES: 7 – 10 Years of Age

FEES: \$50 per Participant

BASKETBALL TRAINING ZONE

These beginning level, year-round classes offer drills and quality instruction that will help participants develop basketball skills - this class is perfect for a basketball player to begin their athletic adventure!

ENROLLMENT: Ongoing

BASKETBALL TRAINING ZONE – GIRLS 5 & 6 YEARS OF AGE

DAYS: Mondays

TIME: 4:30 – 5 p.m. FEES: \$20



BASKETBALL TRAINING ZONE – GIRLS, 7 – 10 YEARS OF AGE

DAYS: Thursdays TIME: 4 – 5 p.m.

FEES: \$40

BASKETBALL TRAINING ZONE – COED, 5 & 6 YEARS OF AGE

DAYS: Mondays TIME: 4 – 4:30 p.m.

FEES: \$20

BASKETBALL TRAINING ZONE – COED, 7 – 10 YEARS OF AGE

DAYS: Fridays TIME: 4 – 5 p.m. **OR** 5 – 6 p.m.

FEES: \$40

BASKETBALL TRAINING ZONE – COED, 11 – 14 YEARS OF AGE

DAYS: Tuesdays TIME: 4 – 5 p.m.

FEES: \$40

Please Note: All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.



INDIO BLACK HISTORY MONTH BASKETBALL TOURNAMENT

Bring your squad and show us who are the Elite Teams in the Valley! This tournament will be a 2-day event with a 3-game guarantee.

To Register: contact **Manny Marrujo at 760-347-4263**, **Mmarrujo@drd.us.com** or **Coach Thomas at 760-296-9827**

DATES: February 15 – 16 **DAYS:** Saturday & Sunday
TIMES: 10 a.m. – 4 p.m. **AGES:** 16 Years of Age and Older
FEES: \$200 per Team Before Tournament Date
OR \$250 per Team SAME DAY Registration

TINY DESERT HOOPERS

This class offers fun game drills and quality instruction that will help develop your child's hand-eye coordination, running, and basketball skills.

ENROLLMENT: Ongoing
DAYS: Mondays **OR** Wednesdays **TIME:** 2:15 – 2:45 p.m.
AGES: 3 – 5 Years of Age **FEE:** \$20 per Month

WINTER BASKETBALL DRAFT DAYS

*Draft Day is for registered athletes for the Winter Youth Basketball League. **DRAFT DAY is now MANDATORY** for all league participants. The event has been designed to help build balanced teams for league play and will have separate time slots for each age division. We will have drills and various skills planned for our registered athletes. Draft Day is the first day of practice and will get you excited about the upcoming league.*

DIVISIONS, AGES, DATES & TIMES:

Division A (7 – 8 Years of Age):
Saturday, January 11, 10 a.m. – 12 p.m.

Division B (9 – 10 Years of Age):
Saturday, January 11, 12 – 2 p.m.

Division C (11 – 12 Years of Age):
Friday, January 10, 5 – 7 p.m.

Division D (13 – 14 Years of Age):
Friday, January 10, 7 – 9 p.m.



WINTER YOUTH BASKETBALL LEAGUE

Winter Youth Basketball is open for enrollment. Jerseys and game officials provided. Our leagues have a running clock, mandatory substitution and age-appropriate equipment with an emphasis on character and player development. Come join us for an action-packed season of basketball!

LOCATION: La Quinta and Indio Boys & Girls Club

DAYS & DATES:

Saturdays, February 1 – March 15
for Little Dribblers and Division D

Tuesdays & Thursdays, February 4 – March 13
for Divisions A, B & C

DIVISIONS, AGES & TIMES:

Little Dribblers (5 – 6 Years of Age): 10:15 – 11:45 a.m.

Division A (7 – 8 Years of Age): 5:20 – 6 p.m.

Division B (9 – 10 Years of Age): 6:30 – 7:10 p.m.

Division C (11 – 12 Years of Age): 7:45 – 8:30 p.m.

Division D (13 – 14 Years of Age): 11:45 a.m. – 12:45 p.m.

***FEES:** Little Dribblers – \$80 per 6-Week Session

Divisions A, B, C, D – \$125 per 6-Week Session

***REGISTRATION FEE AFTER 01/11/2025 FOR DIVISIONS A, B, C, D IS \$150 PER PARTICIPANT**

FOOTBALL

FOOTBALL CLINICS

If you are a football enthusiast who wants to sharpen your footwork, speed, and skills, come join our Summer Indio Youth Football Skills Clinic. This program will teach you football drills, footwork drills, and speed agility skills to get your game to the next level.

AGES: 7 – 10 Years of Age

FEE: \$40 per Month

Youth Football Clinic – Miles Avenue Park

ENROLLMENT: Ongoing

DAYS: Mondays **TIMES:** 5:15 – 6:15 p.m.

Youth Football Clinic – Indio Teen Center

DATES: April 5 – 19 **DAYS:** Saturdays

TIMES: 10 – 11 a.m.



For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

MULTI-SPORT CLASSES

LITTLE CHAMPS

Your "Little Champ" can learn about different sports in a class that offers fun game drills and quality instruction that will help develop your child's hand-eye coordination, running, and sports skills. Sports include basketball, soccer, relay games, golf, and more.



ENROLLMENT: Ongoing

DAYS: Mondays **OR** Wednesdays

TIME: 1:30 – 2 p.m. AGES: 3 – 5 Years of Age

FEE: \$20 per Month for either Mondays or Wednesdays

YOUTH SPORTS CONDITIONING

Improve your athletic skills, agility, and footwork. The Youth Sports Conditioning class incorporates speed drills, body weight exercises, cardio drills and plyometrics, offering a total body workout to assist in conditioning for all sports.

ENROLLMENT: Ongoing

DAYS: Mondays **AND** Wednesdays

TIME: 4:15 – 5 p.m. AGES: 7 – 14 Years of Age

FEE: \$50 per Month



PICKLEBALL

OPEN PICKLEBALL

Come play Indoor Pickleball with us! The nets will be set up inside the gym, and reservations may be made at the front desk or free play can be played for all walk-ins.

ENROLLMENT: Ongoing

DAYS: Monday & Wednesday TIMES: 7 – 9 a.m.

AGES: 10 Years of Age and Over

FEE: FREE with a Get Fit Pass or a \$5 Drop-In Fee

YOUTH PICKLEBALL

Come join us in learning and enjoying the newest game sweeping the sports world. We will go over basic movements, rules and regulations and challenge your players to get better each week we are out on the courts.

LOCATION: Miles Avenue Park – Pickleball Courts

ENROLLMENT: Ongoing

DAYS: Saturdays TIMES: 8:30 – 9:30 a.m.

AGES: 8 – 12 Years of Age

FEE: \$40 per Month

RUNNING

DESERT RUNNERS

Our running program will teach participants about the basic running skills such as sprinting, jogging and walking in addition to stamina exercises, which assist runners with building their endurance. Come discover the joy of running.

ENROLLMENT: Ongoing

DAYS: Tuesdays TIME: 5:15 – 6 p.m.

AGES: 7 – 10 Years of Age FEE: \$30 per Month

SOCCER

TINY SOCCER STARS

Our Tiny Soccer Stars instructors will guide participants towards developing their soccer skills which include passing, trapping, shooting, and defending. We will also cover the fundamentals of the sport of soccer. This program is great for participants who have little to no soccer experience.

AGES: 4 – 6 Years of Age

Tiny Soccer Stars – FEBRUARY Only

LOCATION: Indio Teen Center

ENROLLMENT: February TIME: 8:15 – 9 a.m.

DAYS: Saturdays FEE: \$30 per Month

Tiny Soccer Stars at Miles Avenue Park

LOCATION: Miles Avenue Park

ENROLLMENT: Ongoing

DAYS: Mondays & Wednesdays TIME: 6 – 6:45 p.m.

FEE: \$50 per Month



Please Note: All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.

SPORTS

TODDLER & ME SOCCER

Toddler and Me Soccer consists of fun toddler friendly soccer activities, exercises, and games. This is a wonderful opportunity to teach your kiddo how to socialize and stimulate brain development through active play.

ENROLLMENT: Ongoing

DAYS: Monday **TIMES:** 3 – 3:30 p.m.

AGES: 2 – 4 Years of Age **FEE:** \$20 per Month

YOUTH SOCCER CLINIC – 6 – 10 YEARS OF AGE

Our clinic will focus on various drills to improve your soccer skills. For our beginning classes we will also cover the fundamentals of the sport of soccer.

Youth Soccer Clinic – FEBRUARY Only

LOCATION: Indio Teen Center

ENROLLMENT: February **TIME:** 10 – 11 a.m.

DAYS: Saturdays **FEE:** \$40 per Month

Youth Soccer Clinic – at Miles Avenue Park

LOCATION: Miles Avenue Park – Soccer Field 2

ENROLLMENT: Ongoing **DAYS:** Tuesdays

TIME: 7 – 8 p.m. **FEE:** \$60 per Month

T-BALL

T-BALL ROOKIES

Instructors will guide participants towards developing their baseball skills which include catching and throwing the ball, batting stance and base running. We will also cover the fundamentals of the sport of baseball.

LOCATION: Indio Teen Center

ENROLLMENT: January

DAYS: Saturdays **TIME:** 8:15 – 9 a.m. **OR** 10 – 10:45 a.m.

AGES: 4 – 6 Years of Age **FEE:** \$22.50 per Month



VOLLEYBALL

BEGINNING VOLLEYBALL

This beginning class is designed to help you learn and develop a basic understanding of volleyball. Instructions will include learning the basic skills of serving, passing, setting, attacking, and blocking the ball.

ENROLLMENT: Ongoing **DAYS:** Fridays

AGES & TIME: 6 – 10 Years of Age • 3:30 – 4 p.m.

11 – 17 Years of Age • 4 – 4:30 p.m.

FEE: \$20 per Month

INTERMEDIATE/ADVANCE VOLLEYBALL

This Intermediate/Advanced class is designed to help you sharpen and progress your understanding of volleyball. Instruction will include game terminology; game situation drills and grade level skill techniques.

ENROLLMENT: Ongoing **DAYS:** Fridays

AGES & TIME: 9 – 13 Years of Age • 4:45 – 5:45 p.m.

14 – 17 Years of Age • 6 – 7 p.m.

FEE: \$40 per Month

OPEN VOLLEYBALL

Just for fun, we set up the volleyball nets on Fridays and invite our members to play. Bring family and friends and create a team or just show up and join.

ENROLLMENT: Ongoing **DAYS:** Fridays

TIME: 6 – 9 p.m. **AGES:** 5 Years of Age and Over

FEE: FREE with a Get Fit Pass or a \$5 Drop-In Fee

VOLLEYBALL SPECIAL SKILLS – INVITE ONLY

Do you want to prepare your skills for tournaments and high school play? These classes are geared toward structured training, significant skill improvement, and enhanced game knowledge. **THIS CLASS IS INVITE ONLY BY COACH.**

ENROLLMENT: Ongoing **DAYS:** Fridays

TIME: 7 – 8 p.m. **AGES:** 11 – 18 Years of Age

FEE: \$40 per Month



SWIM & WATER ACTIVITIES

LIFEGUARD TRAINING COURSE

This lifeguard course consists of three days of training in which each participant must attend all three days and successfully complete each component of the course. Participants will be expected to swim 300 yards, tread water for 2 minutes, and perform a 10-pound water retrieval test at the beginning of the course.

LOCATION: Pawley Pool Family Aquatic Complex

AGES: 16 Years of Age and Over

TIMES: 8 a.m. – 5 p.m.

DATES & DAYS:

April 23 – 25 • Wednesday, Thursday, Friday

April 25 – 27 • Friday, Saturday, Sunday

FEE: If interested in on-the-job training, the course fee is waived; otherwise, this course is \$250.

TOT PROGRAMS

LITTLE ATHLETES

Children will engage in a variety of sports related movements during structured exercises and improve their gross motor skills. Each class will focus on a different sport exercise, drills and high and low-key games, all in a non-competitive atmosphere.

LOCATION: Indio Teen Center

ENROLLMENT: Ongoing

AGES: 1½ – 3 Years of Age

DAY: Saturdays TIME: 9:15 – 9:45 a.m.

FEE: \$20 per Month

LITTLE EXPLORERS

Children will engage in a variety of classroom exercises including art, science, sports and movement and they will be guided through cool and fun experiments and crafts to show Mom and Dad.



ENROLLMENT: Ongoing

DAYS: Fridays TIME: 9 a.m. – 12 p.m.

AGES: 3 – 5 Years of Age FEE: \$40 per Month

MESSY ART

Together you will explore your Child's creative expression, imagination, fine motor skills, and sensory exploration.

Through messy art children are encouraged to get their hands

messy and dirty using squishy and gooey materials. We provide a pressure free environment where you and your child can get creative together and make new friends.



ENROLLMENT: March • April

DAY: Saturdays TIME: 9 – 10 a.m.

AGES: 1½ – 3 Years of Age FEE: \$40 per Month

PARENT & ME

This program provides social interaction between parents and toddlers. Together you will explore rhythm, movement, creativity through song, along with indoor and outdoor play. Learn simple concepts that you and your toddler can explore together.

ENROLLMENT: Ongoing

AGES: 1½ – 2½ Years of Age DAY: Thursdays

TIME: 9 – 10:30 a.m. FEE: \$30 per Month

PARENT & ME – SPRING EVENT

Join us to participate in various Spring themed activities such as arts & craft projects, games, hunting for Easter eggs and even meet the Easter Bunny. This is an event you won't want to miss!

DATE: Saturday, March 29 TIME: 9 – 11 a.m.

AGES: 1½ – 2½ Years of Age FEE: \$10 per Participant

TOT PLAY TIME

Come play in a space filled with balls, toys and tunnels. This drop in tot space gives toddlers an opportunity to engage in developing social skills, small motor skills all while having fun. Adult participation is required.



ENROLLMENT: March • April • May

DAYS: Tuesdays TIME: 5 – 6 p.m.

AGES: 6 months – 1½ Years of Age FEE: \$40 per Month

Indio Hills

Please Note: All in-person activities take place at the **Indio Hills Community Center** unless otherwise noted in the activity details that follow.

A Note Regarding Fees: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

Indio Hills Community Center



80-400 Dillon Road
Indio Hills, CA 92201
(760) 347-3484

HOURS: See Activities for Times/Days

50+ ACTIVE ADULT & SENIOR PROGRAMS

50+ STRETCH & MOVE ZONE

We will use light weights, stretch bands, and chairs to stretch those muscles and maintain joint health. Come have fun with us!

ENROLLMENT:

February • March • April

DAYS: Thursdays

TIME: 10 – 11 a.m.

AGES: 50 Years of Age
and Over

FEE: Free



INDIO HILLS COMMUNITY COUNCIL MEETING

On the dates specified below, the Indio Hills Community Council will hold their informational meeting for all who live in the community of Indio Hills, during which you can hear the latest Riverside County news regarding your community from government officials, county authorities and Desert Recreation District.

Please email dschemmer@rivco.org for more information.

DATE: Tuesdays, January 28 and March 18

TIME: 6 – 8 p.m. • OPEN TO ALL AGES

For meeting dates and more information, please visit:

<https://rivco4.org/Councils/Community-Councils>

SENIOR PROGRAM

Join us for a cup of coffee, bingo, loteria, crafts, and much more! This fun group comes together to celebrate birthdays, go on field trips, and make sure to bring your favorite dish to share with the group while making everlasting friendships.

ENROLLMENT: Ongoing

DAYS: Tuesdays, Wednesdays, Thursdays

TIME: 9:30 a.m. – 12:30 p.m.

AGES: 50 Years of Age and Over FEE: Free

COMMUNITY EVENTS

COMMUNITY YARD SALE

It's time for Spring cleaning! Indio Hills Community Center will be holding this event in the parking lot for community members to sell unwanted goods. This event is meant for members to come together in one safe place, meet fellow community members, and sell their items. Spaces are limited, therefore, please contact Ana Velasquez to reserve your space 760-701-1043.

DATE: Saturday, March 8 TIME: 7 a.m. – 12 p.m.

AGES: 18 Years of Age and Over FEE: Free

EASTER EGG HUNT

Join us as we host an egg hunt at our beautiful park. We will host an array of activities, including hair painting, face painting, games, and prizes!

DATE: Saturday, April 5 TIME: 10 a.m. – 12 p.m.

AGES: All Ages FEE: Free

FIND FOOD DISTRIBUTION

We bring the food from the FIND Food Bank as a way to help families within the Indio Hills Community.

Distributions will be at the Indio Hills Community Center parking lot.

Please adhere to drive through safety signs, and food is distributed on a first come, first served basis.

DISTRIBUTION: Second Friday of the month
(may exclude holidays)

TIME: 9:30 – 11:30 a.m. (or until all food has been distributed)

AGES: All Ages FEE: Free



Indio Hills

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

INDIO HILLS COMMUNITY CLEAN UP

Join us in this great opportunity to dispose of items such as furniture, bulky appliances, and much more for free. For additional information, please visit Riverside County Department of Waste Resources at rcwaste.org/free-community-clean-events

DATE: Saturday, January 18 TIME: 8 a.m. – 12 p.m.
AGES: All Ages FEE: Free

HEARTS AND CRAFTS – VALENTINE'S BINGO TIME

Bring your family to some Bingo fun! Each winner will receive a small goodie bag. Don't forget to visit the Valentine's card-making station. This is a great activity for families.

DATE: Wednesday, February 12
TIME: 3 – 5 p.m.
AGES: All Ages FEE: Free



PAINT & PIZZA – RAINBOWS & GOLD POTS

Come join us as we celebrate and create an instructor-led St. Patrick's Day Canva Painting and end the fun with some delicious pizza. Space is limited to 10 participants, enroll today!



DATE: Saturday, March 15 TIME: 10 a.m. – 12 p.m.
AGES: 5 – 17 Years of Age FEE: \$20

Are you an Indio Hills resident, looking to becoming involved in your community by helping bring recreational opportunities? If so, the Indio Hills Community Center may be the place for you! There are multiple opportunities for you:

EVENT VOLUNTEERS • EVENT PLANNING MEMBERS
INSTRUCTORS (art/music, afterschool/camps, health/fitness, martial arts, sports, theatre, dance)

Contact Ana Velasquez at (760) 701 – 1043
or email avelasquez@drd.us.com

Lake Cahuilla

Veterans Regional Park

58075 Jefferson St. La Quinta, CA 92253

Enjoy the Great Outdoors

SAVE*
50%
Second Night

Come visit for...

- Trailer/RV Camping
- Tent Camping
- Fishing Lake
- Horseback Trail
- Playground
- Sand Volleyball
- Pickleball
- Bocce Ball
- and more...

Events Calendar

RivCoParks.org

Online Reservations available 24/7
1-800-234-7275 (PARKS)

@rivcoparks

*To receive discount, call 800-234-7275 and mention code CAMP25. Offer expires 9/30/2025. Discount not offered during special events, holiday weekends, or in conjunction with other discounts.

For reservations & more information scan the QR code.

La Quinta

Please Note: All in-person activities take place at the **La Quinta Community Center** unless otherwise noted in the activity details that follow.

A Note Regarding Fees: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

La Quinta Community Fitness Center & Park



77-865 Avenida Montezuma, La Quinta, CA 92253
(760) 564-9921
HOURS: Monday – Friday: 5:30 a.m. – 8:30 p.m.
Saturday: 8 a.m. – 12 p.m.
Sunday: Closed

Fritz Burns Pool



78-107 Avenue 52, La Quinta, CA 92253
(760) 771-4347
HOURS: See Activities for Times/Days

50+ ACTIVE ADULT & SENIOR PROGRAMS

FIT BEYOND 50

Maintain your strength, mobility and function through exercises that focus on the upper and lower body, balance and flexibility.

ENROLLMENT: Ongoing

DAYS: Mondays, Wednesdays, Fridays

TIME: 11:30 a.m. – 12:45 p.m.

AGES: 50 Years of Age and Over

FEE: FREE for DRD Get Fit Pass members or \$5 for Non-Member Facility Drop-In



ART & MUSIC

BEGINNING PIANO FOR ADULTS

This class teaches you how to play piano from the start by using a keyboard. You will learn notes, rhythms, scales and hand positions. You will also play song pieces from song books and sheet music that will be simple, but challenging. This is a great place to start if you've always wanted to play the piano!

ENROLLMENT: Ongoing

DAYS: Tuesdays **TIMES:** 9:15 – 10:15 a.m.

AGES: 18 Years Old and Older **FEE:** \$65 per Month

MIX COLOR AND PAINT IT

Come and learn the three parts of Color: mixing color, recognizing color, and placing color. Each class session will be three hours once per week for six weeks. Note - you must take all classes in order to learn the skills of color mixing and painting. Please obtain supply list upon enrollment from front counter personnel. You are responsible for having class supplies for the first class. (Approx. \$200)

ENROLLMENT: January 7 – February 11
February 18 – March 25 • April 1 – May 6

DAYS: Tuesdays **TIMES:** 12 – 3 p.m.

AGES: 18 Years Old and Over

FEE: \$240 per 6-Week Session



La Quinta

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

CAMP & AFTER SCHOOL PROGRAMS

KIDS CLUB – VISTA DUNES

In partnership with Hope Through Housing, this Kids Club is exclusively for the residents at Vista Dunes Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment. Follows the Desert Sands Unified School District (DSUSD) Calendar.

LOCATION: Vista Dunes Apartment Complex

DATES: Ongoing During School Year

(holidays may be excluded)

DAYS: Monday through Thursday TIME: 3 – 6 p.m.

AGES: 5 – 17 Years of Age FEE: Free

DANCE

BALLROOM, SWING & SALSA FOR BEGINNERS

This upbeat beginner Ballroom class is a great start to learn these very popular dances. Instruction in solid basics and dance patterns will be taught in classic Swing and Salsa. An introduction to the Fox Trot will be taught which can be danced to from Frank Sinatra to the Eagles! Singles and couples are welcome.

ENROLLMENT: January 9 – 30 • February 6 – 27
March 6 – 27 • April 3 – 24

DAYS: Thursdays TIME: 6:30 – 7:30 p.m.

AGES: 18 Years of Age and Over

FEE: \$55 per Month

DROP-IN FEE: \$15 per Class

DANCE, PLAY & PRETEND

Your child will have fanciful fun and playful, make-believe time while being introduced to music and dance. It's a great way for children to learn basic ballet movements in a fun and enriching environment. Ballet shoes for girls; a tee shirt, shorts and socks for boys are required.



ENROLLMENT: Ongoing

DAYS & TIMES: Mondays, 4 – 4:45 p.m. **OR**

Wednesdays, 5:30 – 6:15 p.m. **OR** Fridays, 9 – 9:45 a.m.

AGES: 2½ – 5 Years of Age FEE: \$42 per Month

LINE DANCING FOR BEGINNERS

Join in for this fun Line Dancing class to learn the Cupid Shuffle, Electric Slide, and today's most popular steps too!

ENROLLMENT: January 9 – 30 • February 6 – 27,
March 6 – 27 • April 3 – 24

DAYS: Thursdays

TIME: 11:30 a.m. – 12:30 p.m.

AGES: 18 Years of Age and Over

FEE: \$55 per Month DROP-IN FEE: \$15 per Class

HEALTH & FITNESS

FUNCTIONAL MINDFULNESS

Learn to create calm, focus and concentration as you practice meditation with your eyes open! You will be taught how to develop the skills of mindful focus and concentration through unique guided meditations. You will leave class with new skills to live your life in peace and contentment.

ENROLLMENT: Ongoing

DAYS: Thursdays TIME: 9:30 – 10:30 a.m.

AGES: 18 Years of Age and Over FEE: \$60 per Month

PERSONAL TRAINING

(30 minutes and 1 hour sessions, single & 5-pack options)

Our trainer is an Elite ISSA certified trainer with expertise in Tennis Strength & Performance, Senior Fitness, Weight Loss, and Health Coaching. Her programs consist of three progressively challenging cycles: Strength, Mobility and Flexibility – Balance and Coordination – Advance Training. Our trainer offers ongoing support through email and texting to provide motivation and support throughout your fitness journey.



ENROLLMENT: **Arrange in person with trainer at the La Quinta Community Fitness Center**

DAYS: Monday – Friday: To be arranged with trainer

AGES: 18 Years of Age and Over

FEES: Single **60** Minute Session – \$90

5 Sessions of **60** Minutes – \$400

Single **30** Minute Session – \$50

5 Sessions of **30** Minutes – \$200

La Quinta

Please Note: All in-person activities take place at the **La Quinta Community Center** unless otherwise noted in the activity details that follow.



HEALTH & FITNESS

SALSAEROBICS

Aerobics with a Latin kick! This is the ideal class to have fun while getting in shape. It combines aerobics, dance, and exercise all to a salsa beat! The workout benefits include flexibility, conditioning and shaping up. Uno-dos-tres... it's a fun workout.

ENROLLMENT: Ongoing

DAYS: Tuesdays & Thursdays TIME: 8 – 9 a.m.

AGES: 18 Years of Age and Over

FEES: \$40 per Month

SOUND BATH THERAPY

A sound bath uses musical instruments to create a relaxing meditation experience. Benefits of a sound bath include relaxation, stress reduction and improved sleep. Guided by a trained instructor.



DATES: January 7 • February 4 • March 4 • April 1

DAYS: Tuesdays TIME: 10:30 – 11:30 a.m.

AGES: 16 Years of Age and Over

FEE: Free for DRD Facility Members or \$5 for Non-Member Facility Drop-In per Class

YOGA

Please arrive 10 minutes early to set up for all yoga classes.

COMMUNITY YOGA

In this all levels class we connect breath with mindful movement, building strength, flexibility, and balance. Props and modifications are offered to accommodate your body's needs. Appropriate for beginners as well as experienced practitioners who enjoy a slower pace and time to refine and deepen their practice. Yoga is for everyBODY! Come as you are! Recommended donation is \$10+ and drop in only. Sign up at the front desk on day of each class.

ENROLLMENT: Ongoing DAYS: Saturdays

TIME: 8:30 – 9:45 a.m. AGES: 18 Years of Age and Over

FEE: Donation Based Class (\$10 Minimum)

DISCOUNTS ON MULTIPLE YOGA REGISTRATIONS!

Cost for 1 class is \$60 per month, 2 classes is \$96 per month and if you register for all 3 yoga classes it is \$120 per month.

Drop-In Fee: \$17 per Day

MORNING STRETCH YOGA



In this grounding, floor-based practice, we incorporate gentle movement, breath and stretching to increase flexibility, mobility and core strength. Bolsters, blankets and blocks are available to support you as you heal the effects of stress and release tension in the body and mind. We end with a decadent restorative pose. All levels welcome.

ENROLLMENT: Ongoing DAYS: Saturdays

TIME: 10 – 11 a.m. AGES: 18 Years of Age and Over

SLOW FLOW YOGA

In this all-levels class, we connect breath with mindful movement, building strength, flexibility and balance. Props & modifications are offered to accommodate your body's needs. Come as you are!

ENROLLMENT: Ongoing

DAYS: Tuesdays TIME: 5:30 – 6:30 p.m.

AGES: 18 Years of Age and Over

YIN YOGA

Yin Yoga concentrates on slow, deep stretches that target your deeper fascia and connective tissues, increasing circulation in the joints and improving mobility and flexibility. Expect sweet, long holds that allow your body to surrender to stillness, leaving you with a feeling of spaciousness.

ENROLLMENT: Ongoing DAYS: Tuesdays

TIME: 4:15 – 5:15 p.m. AGES: 18 Years of Age and Over

ZUMBA

A total workout, combining all elements of fitness; cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

ENROLLMENT: Ongoing

DAY: Wednesdays & Fridays

TIME: 10 – 11 a.m. AGES: 16 Years of Age and Over

FEE: \$60 per Month

DROP-IN FEE: \$8 per Class

La Quinta

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

SPECIAL INTEREST

DISCO DOGS

This is going to be fun and funny! Our Ballroom Dance instructor is going to the dogs! A dance class for Moms or Dads, with your best partner – your dog!!! Simple choreography, with an 8 dog max. per class. If your dog does tricks, great! If no tricks, great! Please fill out the doggie questionnaire when you register. **Preregistration required.**

DATES: January 13 – 27 • February 3 – 10
March 3 – 10 • March 24 – 31
DAYS: Mondays **TIME:** 1:15 – 2:15 p.m.
AGES: 18 Years of Age and Older
FEE: \$25 per 2-Week Session



SPORTS

ADULT SLOW PITCH SOFTBALL LEAGUE

Get your COED player roster ready and let's get back out on the field! The league consists of adult slow-pitch rules and regulations. So, get your friends and family together to have some outside quality time playing one of America's all-time greatest sports! Playoffs will be held for top 4 teams the week after league play ends. **Please register your team in person at the La Quinta Community Fitness Center by Wednesday, January 8, 2025. Call 760-564-9921 for more information.**



LOCATION: Francis Hack Field at La Quinta Community Park
LEAGUES, DAYS & DATES:
COED Mondays
3 females per team minimum requirement to join the league.

Winter Season: January 13 – March 17
Spring Season: April 7 – June 2
TIME: 6:15 – 10 p.m.
AGES: 18 Years of Age and Over
FEE: \$400 per Team per Season

OPEN COURT TIME AT LA QUINTA BOYS & GIRLS CLUB

Thanks to a partnership between DRD, the Boys & Girls Club and the City of La Quinta, volleyball will be offered on Tuesday and Thursday evenings, and basketball on Wednesday evenings. Doors will open at 6:45 p.m.

LOCATION: La Quinta Boys and Girls Club

ENROLLMENT: Drop In

TIME: 6:45 – 9 p.m.

DATES: January 7 – April 30

DAYS: Tuesday, Wednesday, Thursday

AGES: All Ages (14 years of age and younger must be accompanied by a paying adult)

FEE: \$5 Daily Drop-in, or Express Pass, \$30 for 8 visits

SWIM & WATER ACTIVITIES

ALL OF THE SWIM & WATER ACTIVITIES LISTED
IN THIS SECTION WILL TAKE PLACE AT
FRITZ BURNS POOL

ENTRY FEES:

CHILDREN: \$3 (Under 3 Years of Age are free)

ADULTS: \$4

POOL DATES & HOURS:

Open Year Round

MONDAYS – THURSDAYS:

9 – 10 a.m. (Senior Splash/Lap Swim)

10 – 11 a.m. (Water Aerobics/Lap Swim)

11 a.m. – 1 p.m. (Youth Lessons/Lap Swim /Open Swim)

FRIDAYS:

Closed

SATURDAYS:

8 – 9 a.m. (Open Swim /Lap Swim)

9 – 10 a.m. (Water Aerobics/Lap Swim)

10 a.m. – 12 p.m. (Youth Lessons/Lap Swim/Open Swim)

12 p.m. – 1 p.m. (Open Swim /Lap Swim)

SUNDAYS:

Closed

Please Note: All in-person activities take place at the **La Quinta Community Center** unless otherwise noted in the activity details that follow.

SWIM & WATER ACTIVITIES

SPECIAL POOL EVENTS

PIRATE SPLASH PARTY

Pirate Splash Party will include music, candy, games, and a treasure hunt. Bring your bathing suit to enjoy this wet and wild event! The pool is heated.

DATE: Saturday, March 8

TIMES: 2 – 4 p.m.

AGES: All Ages

FEE: \$10 per Pirate



WATER SAFETY DAY WITH LENNY THE LANDSHARK

Come join us for a fun and interactive introduction to water safety for children with Lenny the LandShark. Topics will include basic water safety, sun safety, importance of a lifejacket, overview of a pool, canal safety, and how to call for help. Lenny the Landshark coloring books will be provided.

DAYS: Saturdays

DATE: January 25 • February 22 • March 29 • April 26

TIMES: 1 – 2 p.m.

AGES: 2 – 11 Years of Age

FEE: Free



ADULT CLASSES

ADULT WATER AEROBICS

A class designed for all ages of guests who want a fun, fast-paced, and challenging workout. Water Aerobics is designed as a high intensity interval training course that incorporates the use of body weight, water weights, and noodles. Participants will build strength and endurance. Swimming ability is not required.

AGES: 18 Years of Age & Over

FEE: \$50 per Session

ADULT WATER AEROBICS CONTINUED

DAY, TIMES & DATES:

Saturdays:

9 – 9:45 a.m. – January 4 – February 22 • March 1 – April 19
April 26 – June 14

Mondays & Wednesdays:

10 – 10:45 a.m. – January 6 – 29 • February 3 – 26,
March 3 – 26 • March 31 – April 23 • April 28 – May 21

Tuesdays & Thursdays:

10 – 10:45 a.m. – January 7 – 30 • February 4 – 27
March 4 – 27 • April 1 – 24 • April 29 – May 22

SENIOR SPLASH CLASS

Senior Splash is a slow-paced Water Aerobics class that focuses on expanding flexibility and maintaining strength. This class incorporates the use of body weight, water weights, and noodles. Swimming ability is not required.

AGES: 62 Years of Age and Over

TIMES: 9 – 9:45 a.m. FEE: \$25 per Session

DAYS & DATES:

Mondays & Wednesdays:

January 6 – 29 • February 3 – 26 • March 3 – 26
March 31 – April 23 • April 28 – May 21

Tuesdays & Thursdays:

January 7 – 30 • February 4 – 27 • March 4 – 27
April 1 – 24 • April 29 – May 22

LIFEGUARD PRE-QUALIFICATION

1. Swim 300 yards continuously demonstrating breath control and rhythmic breathing. 2. Tread water for 2 minutes using only the legs. 3. Object retrieval is a timed swim event with a surface dive to retrieve a 10lb object then return to the start point in 1 minute and 40 seconds. Activities prepare candidates to recognize and respond quickly and effectively to emergencies and prevent drowning and injuries.

DATES: January 4 – 25

February 1 – 22

March 1 – 29 • April 5 – 26

DAYS: Saturdays TIMES: 12 – 1 p.m.

AGES: 16 Years of Age and Over

FEE: Free



La Quinta

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

CHILD & YOUTH SWIM CLASSES

The cost for all of the following classes is \$70 per session, classes are held Monday, Tuesday, Wednesday and Thursday, and the swim lesson session dates are as follows unless otherwise noted:

- SESSION 1: January 6 – 16
- SESSION 2: January 20 – 30
- SESSION 3: February 3 – 13
- SESSION 4: February 17 – 27
- SESSION 5: March 3 – 13
- SESSION 6: March 17 – 27
- SESSION 7: March 31 – April 10
- SESSION 8: April 14 – 24

Saturday Sessions:

- SESSION 1: January 4 – February 22
- SESSION 2: March 1 – April 19
- SESSION 3: April 26 – June 14

INFANT SWIM LESSONS

Our infant swim lessons are designed to actively engage children alongside a parent or guardian. Participants will learn water safety and water exploration along with basic water play such as games and songs to do together during water play time.

Parent & Me Classes:

- AGES: 6 Months – 3 Years of Age
- DAYS & TIMES:
Monday – Thursday, 11 – 11:45 a.m.
Saturdays, 10 – 10:45 a.m.

PRE-SCHOOL SWIM CLASSES

Let's swim! At this age, children who are comfortable around water are introduced to the fundamentals of safe and effective swimming.

GUPPIES: Children are placed in classes based on their ability, and parents do not accompany children in this class.

- AGES: 3 – 6 Years of Age
- DAYS & TIMES:
Monday – Thursday, 12 – 12:45 p.m.
Saturdays, 10 – 10:45 a.m. & 11 – 11:45 a.m.



GRADE SCHOOL SWIM CLASSES

Swimming is an excellent way to stay fit and active, and our Saturday Penguins class will introduce kids to this terrific sport.

PENGUINS 1: Children will learn and understand basic water safety rules, water adjustment skills, supported and unsupported front and back float for five seconds, gliding, front and back kicks with support, and demonstrating alternating arm action with simultaneous use of legs.



- AGES: 6½ – 9 Years of Age
- DAYS & TIMES: Saturdays, 11 – 11:45 a.m.



La Quinta

GEM of the DESERT

City of La Quinta Events

Concert Series at SilverRock Park

More information can be found for upcoming concerts by visiting the City of La Quinta Web Site at www.playinlaquinta.com/Signature-Events

Fly Over LQ: A Kite Experience @ SilverRock Park

April 5 at 8 a.m.

Egg Hunt at La Quinta Park – Blackhawk Way

April 19 at 9 a.m.

Staggard start time for age groups.

City of La Quinta Picnic & Birthday Celebration

at Civic Center Campus

April 26 at 9 a.m.

For more information on these events and more happening in the City of La Quinta, visit us at LAQUINTACA.GOV

Please Note: All in-person activities take place at the **Mecca Community Center** unless otherwise noted in the activity details that follow.

A Note Regarding Fees: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

Mecca Community Center



65-250 Coahuilla Street, Mecca, CA 92254
(760) 396-0257
HOURS: Monday – Friday: 8 a.m. – 2 p.m.
Saturday & Sunday: Closed

Mecca Community Pool



65-250 Coahuilla Street, Mecca, CA 92254
(760) 347-3484
Reserve Spring and Summer Rentals Now

50+ ACTIVE ADULT & SENIOR PROGRAMS

SENIOR PROGRAM

Join us for the Mecca Senior Program where seniors can enjoy activities such as crafts, Fit After 50, art, guest speakers, resources and much more! Stop by and pick up our monthly calendar.

ENROLLMENT: Ongoing

DAYS: Mondays – Thursdays TIME: 9 a.m. – 1 p.m.

AGES: 50 Years of Age and Over FEE: Free

ART & MUSIC

HEARTS AND CRAFTS VALENTINE WORKSHOP

Join us for a fun filled Valentine's - Hearts and Crafts night!

Cupid will host a night of crafts, games, and goodies! Don't forget to bring a box to decorate for all your Valentine's Day cards. Registration is required. XOXO.

DATE: Thursday, February 13

TIME: 6 – 7:30 p.m.

AGES: 5 – 11 Years of Age

FEE: Free



CAMP & AFTER SCHOOL PROGRAMS



KIDS CLUB – PASEO DE LOS HEROES

In partnership with the Coachella Valley Housing Coalition, this Kids Club location is exclusively for the residents at Paseo De Los Heroes II Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment.

LOCATION: Paseo De Los Heroes Apartments

ENROLLMENT: Ongoing During CVUSD School Year Calendar
(holidays may be excluded)

TIME: 3 – 6 p.m. DAYS: Tuesday through Friday

AGES: 5 – 17 Years of Age FEE: Free

MECCA AFTER SCHOOL CLUBHOUSE

Our after school programs provide a safe, fun and social environment following the completion of the school day. Students spend the afternoon doing homework, physical activities, art projects, playing games, and participating in special events. A daily snack is provided, and students are supervised by our trained, professional staff.

ENROLLMENT: Ongoing During School Year
(holidays may be excluded)

TIME: 2:45 – 6 p.m.

DAYS: Monday through Friday

GRADES: 5 – 11 Years of Age

FEE: Free* – *The Mecca Clubhouse program fee is traditionally \$200 per month. There is a program subsidy for those who qualify that will reduce the fee to \$0. Subsidies will be available while funds last.

COMMUNITY EVENTS

EGGSTRAVAGANZA

Join us for some Eggstravaganza Spring fun! We have fun activities planned like cookie decorating, crafts, egg decorating and a visit from the Easter Bunny! Parents: Do not forget to bring your cameras!

LOCATION: Mecca Community Park

DATE: Saturday, April 19 **TIME:** 10 a.m. – 12 p.m.

AGES: 12 Years of Age and Younger **FEE:** Free



FAMILY PAINT NIGHT

We welcome all families of Mecca and surrounding communities to join us for a night of painting and of course fun! Refreshments, snacks and materials will be provided.

DATE: Thursday, January 30 **TIMES:** 6 – 7:30 p.m.

AGES: All Ages **FEE:** Free

LOTERIA NIGHT

We are excited to welcome the community of Mecca and surrounding communities to join us for a night of games, community, and fun! All are welcome to participate in this fast-paced night of Loteria.

DATE: Thursday, March 6 **TIMES:** 6 – 7:30 p.m.

AGES: All Ages **FEE:** Free

SENIOR SOCIAL

Seniors, join us at the Mecca Community Center for a day of creative arts, games, refreshments and much more fun!

DATE: Wednesday, January 22

TIMES: 10 a.m. – 1 p.m.

AGES: 50 Years of Age and Over **FEE:** Free

MOVIES

MOVIES IN THE PARK

No tickets needed! Just come and enjoy some family-bonding time while you enjoy a movie under the stars! Be sure to bring a chair, blanket, and be ready to have fun watching a movie with family.



DATE: Friday, March 14 **TIME:** 7 – 9 p.m.

AGES: All Ages **FEE:** Free

OUTDOORS

TAKE A HIKE SATURDAY! – PAINTED CANYON HIKE

Friends and Families, join us on a morning hike to Ladder Canyon in the Mecca Wilderness.

LOCATION: Ladder Canyon Trail

DATE: Saturday, January 4

TIMES: 9 a.m. – 12 p.m. **AGES:** All Ages

FEE: Free

SPORTS

Please Note: There is a program subsidy for all sports listed. Subsidies will be available while funds last.

For sport related information, please contact Michael Vargas at (760) 835-5298 or email mvargas@drd.us.com.

BASKETBALL TRAINING ZONE

Join our beginner level basketball class designed for youth eager to learn the fundamentals of the game! This class focuses on developing essential skills such as dribbling, shooting, passing and teamwork in a fun and supportive environment.

ENROLLMENT: April 1 – 29

DAYS: Tuesdays **TIME:** 6 – 7 p.m.

AGES: 7 – 11 Years of Age **FEE:** \$25 per Session

Please Note: All in-person activities take place at the **Mecca Community Center** unless otherwise noted in the activity details that follow.

SPORTS

EAST VALLEY YOUTH FLAG FOOTBALL LEAGUE

This Flag Football League will offer multiple age groups trainings and game experience for skilled and beginner athletes looking to compete in the world of flag football. The league will follow NFL Flag Football rules. Pre-registration required.

Division A: 7 – 10 Years of Age

Division B: 11 – 14 Years of Age

ENROLLMENT: January 3 – March 28 **DAYS:** Fridays

TIME: 6 – 9 p.m. **FEE:** \$50 per Participant

EAST VALLEY YOUTH SOCCER LEAGUE – (EVYSL)

Spring Youth Soccer League is here! Practice times are selected by each volunteer coach depending on availability. Division champs will be crowned at the end of the playoff tournament. Our teams have an emphasis on development, not wins and losses. Jerseys and game officials provided.



Division 1: 5 – 7 Years of Age

Division 2: 8 – 10 Years of Age

Division 3: 11 – 14 Years of Age

LOCATION: Mecca Sports Park

ENROLLMENT: March 7 – May 30

8-Week Session League

DAYS: Fridays **TIME:** Between 6 – 9 p.m.

FEE: \$50 Registration

T-BALL ROOKIES

T-Ball Rookies is geared toward helping young athletes develop beginner level baseball skills that include catching, throwing, batting stance and base running. Athletes are required to bring their own glove and may bring their own bat and helmet.

LOCATION: Mecca Community Park

ENROLLMENT: January 10 – 31

DAYS: Fridays **TIME:** 6 – 6:45 p.m.

AGES: 4 – 6 Years of Age **FEE:** \$20 per Session

TINY SOCCER STARS

Our clinic will focus on various drills to improve your soccer skills as well as the fundamentals of soccer. We encourage all athletes to bring a soccer ball, shin guards and non-skid athletic shoes or cleats.

ENROLLMENT: January 7 – 28

DAYS: Tuesdays **TIME:** 6 – 6:45 p.m.

AGES: 5 – 7 Years of Age **FEE:** \$20 per Session

YOUTH FLAG FOOTBALL CLINIC

This clinic will teach you drills on football, footwork and speed agility to get your game to the next level. We will practice work out drills and game time situations. This session will be non-contact so that you can focus on your individual skills and sharpen your techniques to prepare for your next football season.

ENROLLMENT: January 7 – 28

DAYS: Tuesdays **TIMES:** 6 – 7 p.m.

AGES: 7 – 11 Years of Age **FEE:** \$25 per Session



YOUTH SOCCER CLINIC

Our clinic will focus on various drills to improve your soccer skills as well as covering the fundamentals of soccer. We encourage all athletes to bring a soccer ball, shin guards and non-skid athletic shoes or cleats.

LOCATION: Mecca Sports Park

ENROLLMENT: January 7 – 28

DAYS: Tuesdays **TIMES:** 7 – 8 p.m.

AGES: 7 – 12 Years of Age **FEE:** \$25 per Session



Check out the activities we offer in Mecca and neighboring communities at [Instagram.com/DRD_EastValley](https://www.instagram.com/DRD_EastValley)

North Shore

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

A Note Regarding Fees: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

North Shore Beach & Yacht Club



99-155 Sea View Drive, North Shore, CA 92254
(760) 393-0602
HOURS: Monday – Friday: 8 a.m. – 12 p.m. and
4 – 8 p.m.
Saturday & Sunday: Closed

North Shore Community Park



99-480 70th Avenue, North Shore, CA 92254
(760) 393-0602
HOURS: See Activities for Times/Days

50+ ACTIVE ADULT & SENIOR PROGRAMS

SENIOR PROGRAM

Join us for the North Shore Senior Program and enjoy crafts, Fit After 50, art, field trips, guest speakers, resources and much more! Stop by and pick up our monthly calendar.

ENROLLMENT: Ongoing

DAYS: Tuesdays, Wednesdays, Thursdays

TIME: 9 a.m. – 1 p.m.

AGES: 50 Years of Age and Over FEE: Free

CAMP & AFTER SCHOOL PROGRAMS

NORTH SHORE AFTER SCHOOL CLUBHOUSE

Our after school programs provide a safe, fun and social environment following the completion of the school day. Students spend the afternoon doing homework, physical activities, art projects, playing games, and participating in special events. A daily snack is provided, and students are supervised by our trained, professional staff.

ENROLLMENT: Ongoing During School Year
(holidays may be excluded)

TIME: 2:45 – 6 p.m. DAYS: Mondays – Fridays

GRADES: 5 – 11 Years of Age

FEE: Free* – *The North Shore Clubhouse program fee is traditionally \$200 per month. There is a program subsidy for those who qualify that will reduce the fee to \$0. Subsidies will be available while funds last.

COMMUNITY EVENTS

FAMILY PAINT NIGHT

We welcome all families of North Shore and surrounding communities to join us for a night of painting and of course fun! Refreshments, snacks and materials will be provided.

DATE: Tuesday, January 28 TIME: 6 – 7:30 p.m.

AGES: All Ages

FEE: Free

HEARTS AND CRAFTS VALENTINE WORKSHOP

Join us for a fun filled Valentine's – Hearts and Crafts night! Cupid will host a night of crafts, games, and goodies! Don't forget to bring a box to decorate for all your Valentine's Day cards. Registration is required. XOXO

DATE: Wednesday, February 12

TIME: 6 – 7:30 p.m.

AGES: 5 – 11 Years of Age

FEE: Free



North Shore

Please Note: All in-person activities take place at the **North Shore Beach & Yacht Club** unless otherwise noted in the activity details that follow.

COMMUNITY EVENTS

LOTERIA NIGHT

We are excited to welcome the community of North Shore and surrounding communities to join us for a night of games, community, and fun! All are welcome to participate in this fast fun paced night of Loteria.



DATE: Wednesday, March 5 TIME: 6 – 7:30 p.m.
AGES: All Ages FEE: Free

SENIOR SOCIAL

Seniors, join us at the North Shore Beach & Yacht Club for a night of creative arts, games, refreshments and much more fun!



DATE: Wednesday, February 19
TIME: 10 a.m. – 1 p.m.
AGES: 50 Years of Age and Over FEE: Free

SPRING INTO FUN

Join us for some spring fun at the North Shore Community Park. We have fun activities planned like cookie decorating, crafts, egg decorating and a visit from the Easter Bunny! Parents: Do not forget to bring your cameras!



DATE: Saturday, April 5 TIME: 10 a.m. – 12 p.m.
AGES: 3 – 12 Years of Age FEE: Free

HEALTH & FITNESS

ZUMBA

Zumba is a dynamic, exciting, and an effective fitness system with upbeat, international music and dance steps. It's a great way to exercise and have fun no matter your fitness level.

ENROLLMENT: Ongoing
DAYS: Mondays OR Wednesdays TIME: 6 – 7 p.m.
AGES: 14 Years of Age and Over FEE: \$35 per Month

MOVIES

MOVIES IN THE PARK

No tickets needed! Just come and enjoy some family-bonding time while you enjoy a movie under the stars! Be sure to bring a chair, blanket, and be ready for the fun of watching a movie with family.



DATE: Friday, , March 21
TIME: 7 – 9 p.m. AGES: All Ages FEE: Free

SPORTS

Please Note: There is a program subsidy for all sports listed. Subsidies will be available while funds last.

ALL SPORT PROGRAMS ARE PLAYED AT THE NORTH SHORE COMMUNITY PARK

BASKETBALL TRAINING ZONE

Join our beginner level basketball class designed for youth eager to learn the fundamentals of the game! This class focuses on developing essential skills such as dribbling, shooting, passing and teamwork in a fun and supportive environment.



ENROLLMENT: April 3 – 24
DAYS: Thursdays TIME: 6 – 7 p.m.
AGES: 7 – 10 Years of Age FEE: \$25 per Session

TINY SOCCER STARS

There will be a beginning and advanced clinic to accommodate different skill levels of the participants. Our clinic will focus on various drills to improve your soccer skills. We encourage all athletes to bring shin guards and non-skid athletic shoes or cleats.



ENROLLMENT: February 6 – 27
DAYS: Thursdays TIME: 6 – 6:45 p.m.
AGES: 5 – 7 Years of Age
FEE: \$20 per Session

North Shore

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

YOUTH FLAG FOOTBALL CLINIC

This clinic will teach you drills on football, footwork and speed agility to get your game to the next level. We will practice work out drills and game time situations. This session will be non-contact so that you can focus on your individual skills and sharpen your techniques to prepare for your next football season.

ENROLLMENT: January 9 – 30

DAYS: Thursdays TIMES: 6 – 7 p.m.

AGES: 7 – 14 Years of Age FEE: \$25 per Session



YOUTH SOCCER CLINIC

There will be a beginning and advanced clinic to accommodate different skill levels of the participants. Our clinic will focus on various drills to improve your soccer skills. For our beginning classes we will also cover the fundamentals of the sport of soccer. We encourage all athletes to bring shin guards and non-skid athletic shoes or cleats.



ENROLLMENT: February 6 – 27

DAYS: Thursdays AGES: 8 – 12 Years of Age

TIME: 7 – 8 p.m.

FEE: \$25 per Session



Check out the activities we offer in North Shore and neighboring communities at [Instagram.com/DRD_EastValley](https://www.instagram.com/DRD_EastValley)

4TH VETERANS FISHING DAY TROUT DERBY

SATURDAY, FEBRUARY 22, 2025 | FREE ENTRY

\$5 cash tournament fee for non-veterans collected at the gates. Proceeds support local veteran groups.

LAKE CAHUILLA VETERANS REGIONAL PARK
58075 JEFFERSON ST., LA QUINTA, CA 92253

Hosted by Riverside County Regional Park and Open-Space District, the Desert Recreation Foundation and the office of Fourth District Supervisor V. Manuel Perez.

GATES OPEN: 5:30 a.m. | TOURNAMENT: 7:00 a.m. - 11:00 a.m.
CEREMONY: 12:00 p.m.



FOURTH DISTRICT SUPERVISOR
V. MANUEL PEREZ
COUNTY OF RIVERSIDE



For campground reservations call 1-800-234-7275 or visit RivCoParks.org

SCAN QR CODE TO
REGISTER
ONLINE

Please Note: All in-person activities take place at the **Oasis del Desierto Park** unless otherwise noted in the activity details that follow.

A Note Regarding Fees: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

Oasis del Desierto Park



88-775 Avenue 76, Thermal, CA 92274
(760) 393-0602
HOURS: See Activities for Times/Days

COMMUNITY EVENTS

OASIS COMMUNITY RECREATION MEETINGS

We welcome all residents of the Oasis community to join us at the Oasis del Desierto Park. We will be discussing future events and types of programming the community feels would benefit the most from and encourage your feedback and suggestions for future program planning in the community of Oasis. There will be raffles and activities for the children. Refreshments will also be provided.

DATES: Tuesdays, January 7 & April 29

TIME: 6 – 7 p.m. AGES: All Ages FEE: Free



OASIS: FAMILY GAME NIGHT

We welcome all families of Oasis and surrounding communities to join us for a night of games, music, crafts! Refreshments, snacks and materials will be provided.

DATE: Tuesday, March 18 TIME: 5 – 6:30 p.m.

AGES: 5 Years of Age and Over FEE: Free

SPRING INTO FUN

Join us for some spring fun at the Oasis Del Desierto Park. We have fun activities planned like cookie decorating, crafts, egg decorating, Easter Egg hunt and a visit from the Easter Bunny! Parents: Do not forget to bring your cameras!

DATE: Friday, April 4

TIME: 5:30 – 7:30 p.m.

AGES: All Ages FEE: Free



OUTDOORS

For Outdoor Adventure information and volunteering, please contact Sarah Baltazar at (760)347-3484 or e-mail: outdoorfun@drd.us.com

CAMPING 101

Want to go camping but don't know where to start? Join DRD's Outdoor Adventure Team on one of our two Camping 101 sessions this season for hands on trainings in beginner camping tips, gear set-up/tear down demonstrations, and a Q&A!

DATES: Tuesdays, February 19 • Wednesday, April 9

TIMES: 3:30 – 5 p.m.

AGES: 6 Years of Age and Older FEE: Free



Check out the activities we offer in Oasis and neighboring communities at [Instagram.com/DRD_EastValley](https://www.instagram.com/DRD_EastValley)

DESERT WHEELS BIKE CLUB

Join us for our Desert Wheels bike club and cruise along with us at the Oasis del Desierto Park! We will go over bike riding safety, get bikes and helmets fitted, and test out our rides to ensure our participants are set and ready to roll!

DATES: Ongoing DAYS: Every Other Tuesday
TIMES: 4 – 5 p.m. AGES: 7 – 17 Years of Age
FEE: Free



To join the interest list for the East Valley Youth Soccer or Flag Football Leagues, as well as all other sport related information, please contact Michael Vargas at (760) 835-5298 or email mvargas@drd.us.com.

Please Note: There is a program subsidy for all sports listed. Subsidies will be available while funds last.

FLAG FOOTBALL CLINIC

This clinic will teach you drills on football, footwork and speed agility to get your game to the next level. We will practice work out drills and game time situations. This session will be non-contact so that you can focus on your individual skills and sharpen your techniques to prepare for your next football season.

ENROLLMENT: January
DAYS: Thursdays TIME: 6 – 7 p.m.
AGES: 7 – 11 Years of Age FEE: \$25 per Month

TINY SOCCER STARS

Instructors will guide participants towards developing their soccer skills which include passing, trapping, shooting, and defending as well as covering the fundamentals of soccer. This program is great for kids who have little to no soccer experience. We encourage all athletes to bring shin guards and non-skid athletic shoes.



ENROLLMENT: January
DAYS: Mondays TIME: 5:45 – 6:30 p.m.
AGES: 4 – 7 Years of Age FEE: \$20 per Month

YOUTH BASKETBALL CLINIC

This beginning level class offers you drills and quality instruction that will help you develop your basketball skills. You will learn about the game of basketball from some of the most experienced enthusiastic instructors.



ENROLLMENT: April
DAYS: Mondays TIME: 6 – 7 p.m.
AGES: 7 – 11 Years of Age FEE: \$25 per Month

YOUTH SOCCER CLINIC

There will be a beginning and advanced clinic to accommodate different skill levels of the participants. Our clinic will focus on various drills to improve your soccer skills. For our beginning classes we will also cover the fundamentals of the sport of soccer. We encourage all athletes to bring shin guards and non-skid athletic shoes or cleats.

ENROLLMENT: January
TIMES: 6:30 – 7:30 p.m. DAYS: Mondays
AGES: 8 – 12 Years of Age FEE: \$25 per Month



Palm Desert

Please Note: All in-person activities take place at the **Palm Desert Community Center** unless otherwise noted in the activity details that follow.

A Note Regarding Fees: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

Palm Desert Community Center



43-900 San Pablo Avenue, Palm Desert
(760) 568-9697
HOURS: Monday - Friday: 6 a.m. - 9 p.m.
Saturday: 9 a.m. - 2 p.m.
Sunday: Closed

Portola Community Center



45-480 Portola Avenue, Palm Desert
(760) 568-2560
HOURS: Monday - Friday: 8 a.m. - 8:30 p.m.
Saturday & Sunday: Closed

The Golf Center at Palm Desert



74-945 Sheryl Avenue, Palm Desert
(760) 779-1877
HOURS: See Activities for Times/Days

Cahuilla Hills Park

45-825 Edgehill Drive, Palm Desert, CA 92260
(760) 776-6481 • HOURS: 6 a.m. – 10 p.m. Daily

Freedom Park

77-400 Country Club Drive, Palm Desert, CA 92260
(760) 776-6481 • HOURS: 6 a.m. – 10 p.m. Daily

Palm Desert Soccer Park

74-735 Hovley Lane, Palm Desert, CA 92260
(760) 776-6481 • HOURS: 6 a.m. – 9 p.m. Daily

Olsen Community Park

43-005 Magnesia Falls Drive, Palm Desert, CA 92260
(760) 776-6481 • HOURS: 6 a.m. – 10 p.m. Daily

University Park

74-802 University Park Drive, Palm Desert, CA 92260
(760) 776-6481 • HOURS: 6 a.m. – 10 p.m. Daily



NOW OPEN!

Come on down today to enjoy our new facility.



Palm Desert

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484



ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

Please Note: Sport chairs are available for use during adaptive programs. Call the adaptive team, 760.834.9597, to request a sports chair during a session.

ABILI-TEE – ADAPTIVE GOLF

Our skilled golf instructor will move participants through putting, chipping, driving and course play during the 7 hands-on classes. A focus on progressive course play and skill development will progress participants into regular game play. Individuals are encouraged to track personal goals and individual progress during sessions.



LOCATION: The Golf Center – Palm Desert

ENROLLMENT: February 25 – April 8

DAYS: Tuesdays **TIMES:** 10 – 11:30 a.m.

AGES: 16 Years of Age and Over with a Disability or a Special Need

FEE: \$75 per 7-week Session

ADAPTIVE BASKETBALL

A focus on developing basketball skills through drills with progression to game play. Class is open to individuals with disabilities and special needs. All ability levels are encouraged to join!



LOCATION:

Civic Center Park Outdoor Basketball Courts

ENROLLMENT: Ongoing

DAYS: Mondays

TIMES: 2 – 3 p.m. **OR**
3 – 4 p.m.

AGES: 16 Years of Age and Over with a Disability or a Special Need

FEE: \$25 per Month

ADAPTIVE PICKLEBALL

Work on hand eye coordination and develop your pickleball skills. Classes work on skill development through drills with progression to game play. Join the fun as a standing or sitting player.

LOCATION: Civic Center Pickleball Courts

ENROLLMENT: Ongoing

DAY: Thursdays **TIME:** 4 – 5 p.m.

AGES: 10 Years of Age and Over with a Disability or a Special Need

FEE: \$25 per Month

ADAPTIVE TENNIS

Develop your tennis skills no matter what your experience. Participants can join the program as a standing or sitting player. Sport chairs are available for use during the program. All ability levels welcome.

LOCATION: Civic Center Outdoor Tennis Courts

ENROLLMENT: Ongoing

DAYS: Thursdays **TIME:** 3 – 4 p.m.

AGES: 10 Years of Age and Over with a Disability or a Special Need

FEE: \$25 per Month



ADAPTIVE WALK, RUN, ROLL

Walk, run, or even roll in one of our sport wheelchairs as we get our bodies moving again in Civic Center Park. As the weather cools down, we will work on technical running skills, endurance, and of course, have LOTS of fun!

LOCATION: Various trails in Civic Center Park

ENROLLMENT: Ongoing

DAYS: Mondays **TIME:** 4:15 – 5 p.m.

AGES: 10 Years of Age and Over with a Disability or a Special Need

FEE: \$25 per Month

Palm Desert

Please Note: All in-person activities take place at the **Palm Desert Community Center** unless otherwise noted in the activity details that follow.



ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

ADAPTIVE ZUMBA

Join us for a great dance workout and some great music! Program is a modified version of Zumba with all the fun and movement. All skill and ability levels welcome to join.

ENROLLMENT: Ongoing

DAYS: Thursdays **TIMES:** 1:15 – 2:15 p.m.

AGES: 16 Years of Age and Over with a Disability or a Special Need

FEE: \$25 per Month



ART & MUSIC

GUITAR

Beginning class teaches the basics you need to start playing the guitar. Learn to read chord charts and tablature, and develop skills like strumming, rhythm, finger picking, and tuning. Learn to play songs right away!



Second Level class teaches new chords, rhythms and songs from Johnny Cash, Sheryl Crow, Rod Stewart, and others. Also enjoy an easy introduction to reading standard notation for learning simple guitar solos.

ENROLLMENT: January 8 – February 5

February 19 – March 19 • April 2 – May 7

DAYS: Wednesdays **AGES:** 9 Years of Age and Over

LEVELS & TIMES: **Beginning** • 6 – 7 p.m.

Second Level • 7 – 8 p.m.

FEE: \$70 per Session

DRUMS

This class consists of children learning beats and rhythms using all five senses, while enhancing large and small motor skills. Every week children will have fun playing with instruments, dancing with colorful scarves, hearing different types of music, and making art projects.

ENROLLMENT: Ongoing

DAYS: Tuesdays **TIMES:** 2:30 – 3 p.m.

AGES: 2½ – 3½ Years of Age

FEE: \$100 per Month

DROP-IN FEE: \$25 per Day with Instructor Approval



CAMP & AFTER SCHOOL PROGRAMS

SPRING CAMP – SPRING INTO FUN

Campers' week will be full of exciting, structured activities, sure to interest both new and returning campers. Each day, the true camp experience begins as staff leads the group in fun, lively camp games and songs. Campers will learn new skills and build self-esteem through sports, activities, scavenger hunts, creative arts and tons of group games.



ENROLLMENT: April 21 – 25

DAYS: Monday thru Friday **TIME:** 7 a.m. – 6 p.m.

AGES: 5 – 11 Years of Age

FEE: \$140 per Week • \$30 per Day



COMMUNITY EVENTS

BRUNCH WITH THE BUNNY

Hop on over for some fun to have Brunch with the Bunny! Enjoy yummy pancakes, eggs, fruit, and muffins. Join us for crafts and games, photo ops, as well as a little time for a bunny hop.



DATE: Saturday, April 19 **TIME:** 8:30 – 10:30 a.m.

AGE: All Ages **FEE:** \$10 per Participant

EGGSTRAVAGANZA

Come on down to participate in our Eggstravaganza Event! Egg hunts will be divided into age groups. After the egg hunts we will have games, arts & crafts, face painting and even a visit from the Easter Bunny.



DATE: Saturday, April 19

TIME: 11 a.m. – 1 p.m.

AGE: 13 Years of Age and Younger

FEE: Free

Palm Desert

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

OPEN HOUSE

PALM DESERT OPEN HOUSE PROGRAM SHOWCASE

Saturday, January 11
9:30 a.m. – 2 p.m.

All Ages Welcome To This Free Event!

Join us for an exciting day of discovery and community spirit! Palm Desert Community Center is hosting an Open House where residents and visitors of all ages can explore the wide variety of programs and activities we offer. Whether you're interested in fitness, recreational sports, dance or music, this event will give you an inside look at everything our center has to offer. There will be Live Demonstrations from our fitness, dance, music & wellness classes where you can meet the instructors. On-The-Spot enrollment for new and returning participants. Community networking to meet other members, local organizations, as well as exploring volunteer opportunities. To sign up, please visit MyRecreationDistrict.com/community-events

See You Soon!

DANCE

BALLROOM: SWING & SALSA LESSONS

Palm Desert is dancing its way back to wellness! These classes will give you solid instruction in the ever so popular ballroom dance, swing, salsa, fox trot as well as an introduction to the cha-cha. Bring a partner and let's start dancing again! Both singles and couples are welcome.

ENROLLMENT: January 8 – 29 • February 5 – 26
March 5 – 26 • April 2 – 23

DAYS: Wednesdays TIME: 7:45 – 8:45 p.m.

AGES: 18 Years of Age and Over

FEE: \$52 per Session per Person

BEGINNING BALLET

Dancers will learn ballet's basic steps and beginning dance positions. This class is also designed to improve children's coordination and poise while introducing music appreciation and interpretations.

ENROLLMENT:

February • March • April

DAYS: Wednesdays

TIME: 10 – 10:45 a.m.

AGES: 5 – 10 Years of Age FEE: \$42 per Month



BELLY DANCING

***Video and spectators are prohibited. We dance barefoot and form fitting clothing is recommended.**

BEGINNERS BELLY DANCE

Students will learn Modern Belly Dance Techniques. This class focuses on full body awareness and learning the different techniques for shimmy and more! We will be dancing barefoot, therefore, please no socks as it increases the risk of slipping.

ENROLLMENT: Ongoing

DAYS: Thursdays TIME: 9 – 10 a.m. OR 6:30 -7:30 p.m.

AGES: 16 Years of Age and Over

FEE: \$70 per Session

INTERMEDIATE BELLY DANCE

Join us for the next level where we get more creative by layering basic techniques such as adding arms and traveling steps. Students will discover more elements to this beautiful dance form and be introduced to different props so they can discover the diversity of Belly Dance.

ENROLLMENT: Ongoing

DAYS: Mondays TIME: 6:30 – 7:30 p.m.

AGES: 13 Years of Age and Over

FEE: \$70 per Session



Palm Desert

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DANCE

ADVANCED PERFORMING BELLY DANCE

Now that you are hooked on Belly Dance this is the class for you. The class will be focusing on stage presence, loving your props and entertaining and performing. The session will be combined with Shimmyology and is considered a warm-up, so please bring a yoga mat.

ENROLLMENT: Ongoing

DAYS: Tuesdays TIME: 6:30 – 8 p.m.

AGES: 18 Years of Age & Over

FEE: \$75 per Session

SHIMMYOLOGY

You know some shimmies, now what? Now you drill! If you don't, come join us anyway. This class improves flexibility, coordination and balance. Hadia starts with a 10-minute stretch and gets the heart pounding by drilling basic belly dance techniques. This class is complimentary to anyone enrolled in the beginners and advanced Belly Dancing classes.

ENROLLMENT: Ongoing

DAYS: Tuesdays TIME: 6:30 – 7 p.m.

AGES: 13 Years of Age and Over FEE: \$35 per Session

DANCE, PLAY & PRETEND

Young children are introduced to dancing through the help of make-believe and imaginative play and are taught basic ballet movements. Ballet shoes for girls; a tee shirt, shorts and socks for boys are required.

ENROLLMENT: February • March • April

DAYS: Saturdays TIME: 9 – 9:45 a.m.

AGES: 2½ – 6 Years of Age FEE: \$42 per Month



DISCO DOGS & PAWLROOM DANCING

Our Ballroom Dance Instructor is going to the Dogs! A fun dancing class with your best dance partner, your dog! If your dog does tricks, great! If no tricks, great as well! This is going to be fun and funny! An important sheet will need to be filled out 2 days before class, inquire with the Palm Desert Community Center for more information.

LOCATION: Palm Desert Civic Center Amphitheater

DATES: January 21 • February 4 & 11

March 4 & 11 • April 8 & 15

DAYS: Tuesdays TIME: 12 – 1 p.m.

AGES: 18 Years of Age and Over FEE: \$25 per Dog

LINE DANCING

Time to have some fun! This class will lift your spirit, keep your mind sharp and great exercise to get fit! Professional ballroom and Western Dance instructor MC Callaghan will teach you the most popular classic line dances such as electric slide and Tush Push to the latest popular dances.

ENROLLMENT: January 8 – 29 • February 5 – 26

March 5 – 26 • April 2 – 23

DAYS: Wednesdays TIME: 6:45 – 7:45 p.m.

AGES: 18 Years of Age and Over

FEE: \$48 per Session per Person



HEALTH & FITNESS

HULA FOR FITNESS & FUN

A hula basics class for beginners and/or anyone who wants a light, low-impact exercise.

Students will learn fluid, structured dance steps, and motions combined to tell Hawaiian culture

stories. Hula builds stamina, flexibility, grace, rhythm, and balance. Dancing Hula tightens your thighs, arms, and core. It is a low-impact dance that is easy to learn.

ENROLLMENT: January 6 – February 24

March 10 – April 14

DAYS: Mondays TIME: 6 – 8 p.m.

AGES: 18 Years of Age & Over

FEE: \$66 per Session



Palm Desert

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

SHAPE UP WITH SHARON

Combining yoga, Pilates, free weights and stretching. Each class includes new and different moves that help build strength and endurance, balance and flexibility in your muscles, joints and bones. Appropriate for all levels.

ENROLLMENT: Ongoing

DAYS: Monday, Wednesday, Friday

TIME: 9 – 10 a.m. AGES: 18 Years of Age & Over

FEE: \$65 per Month



Tai Chi and Yoga classes welcome participants who use collapsible walkers and those with limited mobility to join our sessions. For safety reasons, please avoid wearing sandals during the class.

TAI CHI

INTRODUCTION TO TAI CHI

This Program allows participants to experience the benefits of Tai Chi movements, improving the balance, increasing lung capacity through focused breathing and quieting the mind.



PRE-REGISTRATION REQUIRED, DATE SPECIFIC.

DATES: January 9, 16, 23 • February 6, 13, 20

March 6, 13, 20 • April 3, 10

DAYS: Thursdays TIME: 12 – 12:45 p.m.

AGES: 18 Years of Age & Over FEE: \$17 per Class

TAI CHI FOR BALANCE – INCLUSIVE

This class focuses on enhancing stability and coordination through gentle, flowing movements, making it perfect for anyone, regardless of their fitness level or experience with Tai Chi. Come and experience the tranquility and health benefits of Tai Chi in a supportive and adaptable environment.

LOCATION: Portola Community Center

ENROLLMENT: Ongoing

DAYS: Wednesdays TIME: 12 – 12:45 p.m.

AGES: 18 Years of Age & Over FEE: \$35 per Month

TAI CHI FOR YOUR HEALTH

Accredited Program by the American Tai Chi and Qigong Association (ATCQA).

This class focuses on Sun style movements, renowned for their gentle, flowing forms that promote overall health and well-being. Ideal for all fitness levels, our sessions are designed to accommodate everyone, ensuring a welcoming and supportive environment.

ENROLLMENT: Ongoing

DAYS: Mondays TIME: 12 – 12:45 p.m.

AGES: 18 Years of Age & Over FEE: \$48 per Month

YOGA

CHAIR YOGA – INCLUSIVE

This class offers a gentle yet effective approach to yoga, making it accessible for everyone, whether you are new to yoga or looking for a modified practice. Join us to experience the benefits of yoga in a supportive and adaptable environment. All health levels welcome.

LOCATION:

Portola Community Center

ENROLLMENT: Ongoing

DAYS: Wednesdays

TIME: 11 – 11:45 a.m.

AGES: 18 Years of Age & Over

FEE: \$35 per Month



Palm Desert

Please Note: All in-person activities take place at the **Palm Desert Community Center** unless otherwise noted in the activity details that follow.

HEALTH & FITNESS

GENTLE YOGA FOR ACTIVE ADULTS

This class is specifically designed to promote overall wellness, rejuvenation, and relaxation. It offers a calm and supportive environment where participants can enhance their physical and mental well-being through gentle yoga poses and breathing techniques. This class requires the use of yoga mats to ensure comfort and safety during practice.

Loyalty Members Only follow same program times & dates.

LOCATION: Portola Community Center

ENROLLMENT: Ongoing

DAYS: Mondays **TIME:** 10:45 – 11:30 a.m.

AGES: 18 Years of Age & Over

FEE: \$48 per Month **DROP-IN FEE:** \$16 per Day

SPECIAL INTEREST

CHESS

BEGINNING CHESS

Enhance your memory by having fun becoming the KING of Chess. This program is structured to learn the fundamentals and learn the strategies to checkmate your opponent with critical thinking tactics and problem-solving abilities.

ENROLLMENT: January • February • March

DAYS: Mondays **TIMES:** 3:30 – 4:30 p.m.

AGES: 7 – 14 Years of Age **FEE:** \$30 per Month

INTERMEDIATE CHESS

This class is designed to further students' chess ability and give them the tools to master the fundamental techniques of the game. This is for students who have experience in playing chess, have a solid fundamental base, and who are eager to further their chess knowledge and skill! Bring your own board and pieces.



ENROLLMENT: January • February • March

DAYS: Mondays **TIME:** 4:30 – 5:30 p.m.

AGES: 7 – 14 Years of Age **FEE:** \$30 per Month

50

K9 NOSE WORK-BASIC-INTRO TO SCENT WORK WORKSHOP

This beginner (basic) series focuses on teaching you how to encourage and develop your dog's natural scenting abilities. We utilize their desire to hunt and their love of food and toys. Scent work is a great way for dogs to have fun, build confidence and burn lots of mental and physical energy.



ENROLLMENT: Ongoing

DAYS: Tuesdays **TIME:** 2:30 – 3:20 p.m.

AGES: 18 Years of Age and Over

FEE: \$150 per Month, Drop-In Available

K9 NOSE WORK- INTERMEDIATE - WORKSHOP

*This intermediate series focuses on introducing your dog to several target odors that they will be trained to locate. Dog/handler teams begin to learn more challenging puzzle games including vehicle searches. Students will receive a free starter odor kit. **Must register 24 hours prior to the start date, and the pup must have graduated from the Basics before first class.***

ENROLLMENT: Ongoing

DAYS: Tuesdays **TIME:** 1:30 – 2:20 p.m.

AGES: 18 Years of Age and Over

FEE: \$150 per Month, Drop-In Available

SPORTS

BASKETBALL

BASKETBALL TRAINING ZONE

Don't wait for the season to begin, start training now and be ready for draft day. Join the "Basketball Training Zone" and take your game to the next level! Our instructors provide constructive feedback highlighting your strengths and pinpointing areas needing improvement.

ENROLLMENT: Ongoing

DAYS: Wednesdays

FEE: \$40 per Month

DROP-IN FEE: \$12 per Day



Palm Desert

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

BASKETBALL TRAINING ZONE: BEGINNERS

TIME: 3:45 – 4:45 p.m. AGES: 7 – 10 Years of Age

BASKETBALL TRAINING ZONE: INTERMEDIATE

TIME: 4:45 – 5:45 p.m. AGES: 10 – 15 Years of Age

HANDBALL

INDOOR HANDBALL OPEN PLAY

The Palm Desert Community Center will be hosting Indoor Handball all year long. Come and enjoy your favorite sport.

LOCATION: Racquetball Court 1 at
Palm Desert Community Center

ENROLLMENT: Ongoing

DAYS: Tuesdays & Thursdays

TIMES: 10 a.m. – 12 p.m.

AGES: All Ages

FEE: Free with a Get Fit Pass or a \$5 Drop-In Fee



INTERNATIONAL SPORTS FESTIVAL / ADULT

INTERNATIONAL SPORTS FESTIVAL / ADULT

For registration and information on how to participate, please call Sofia Pimentel at (760) 568-2560 or email sofia.pimentel@drd.us.com. Please note that a waiver must be completed for each individual team member and sent in with registration.

SOCCER

Men's OPEN Adult Soccer Tournament

LOCATION: Hovley Soccer Park

DATES: January 11 – 12 DAYS: Saturday & Sunday

TIME: 8 a.m. – 5 p.m. AGES: 18 – 68 Years of Age

FEE: \$470 per Team

Men's Soccer Tournament 70 and Older

LOCATION: Hovley Soccer Park

DATES: January 14 – 16 DAYS: Tuesday – Thursday

TIME: 8 a.m. – 5 p.m. AGES: 70 Years of Age and Over

FEE: \$470 per Team

Women's OPEN Adult Soccer Tournament

LOCATION: Hovley Soccer Park

DATES: January 11 – 12 DAYS: Saturday & Sunday

TIME: 8 a.m. – 5 p.m. AGES: 18 – 68 Years of Age

FEE: \$470 per Team

PICKLEBALL

Men's, Women's, Mixed & Singles Tournament

LOCATION: Civic Center Pickleball Courts, Palm Desert

DATES: January 31 – February 2

DAYS: Friday, Saturday & Sunday

TIME: Games Starts at 7:30 a.m.

AGES: All Ages

FEE: \$90 – September 22 – December 20

\$100 – December 21 – January 15

To Register, please visit Pickleballbrackets.com

VOLLEYBALL

COED Adult Volleyball Tournament

LOCATION: Gymnasium at Palm Desert High School

DATE: Sunday, January 26 TIME: 8 a.m. – 8 p.m.

AGES: 18 Years of Age and Over FEE: \$465 per Team

Men's 4 on 4 Beach Volleyball Open Tournament

LOCATION: Sand Volleyball Courts

DATE: Saturday, March 8 TIME: 8 a.m. – 6 p.m.

AGES: 18 – 48 Years of Age FEE: \$350 per Team

Men's 50+ Volleyball Tournament

LOCATION: Gymnasium at Palm Desert High School

DATE: Sunday, January 26 TIME: 8 a.m. – 6 p.m.

AGES: 50 Years of Age and Over FEE: \$465 per Team

Men's OPEN Adult Volleyball Tournament

LOCATION: Gymnasium at Palm Desert High School

DATE: Saturday, January 25 TIME: 8 a.m. – 6 p.m.

AGES: 18 – 33 Years of Age FEE: \$465 per Team

Women's 4 on 4 Beach Volleyball Open Tournament

LOCATION: Sand Volleyball Courts

DATE: Sunday, March 9 TIME: 8 a.m. – 6 p.m.

AGES: 18 – 48 Years of Age FEE: \$350 per Team

Women's 50+ Volleyball Tournament

LOCATION: Gymnasium at Palm Desert High School

DATE: Sunday, January 26 TIME: 8 a.m. – 6 p.m.

AGES: 50 Years of Age and Over FEE: \$465 per Team

Women's OPEN Adult Volleyball Tournament

LOCATION: Xavier Prep High School Gymnasium

DATE: Saturday, January 25 TIME: 8 a.m. – 6 p.m.

AGES: 18 Years of Age and Over FEE: \$465 per Team

Please Note: All in-person activities take place at the **Palm Desert Community Center** unless otherwise noted in the activity details that follow.



MULTI SPORTS

PALM DESERT SPRING MULTI SPORTS CAMP

Learn sport fundamentals at our spring camp that include soccer, basketball, tennis, pickleball and beach volleyball. Students will learn general and specific skills and use them in competitive game play and challenges. Students must bring water and tennis shoes. Loose athletic clothing is encouraged.

DATES: April 21 – 25

DAYS: Monday – Friday **TIMES:** 8:30 – 10 a.m.

AGES: 7 – 14 Years of Age **FEE:** \$65 per Session

PICKLEBALL

LOCATION FOR PICKLEBALL CLINICS & LESSONS:

Palm Desert Civic Center Park – Outdoor Pickleball Courts



BEGINNER LEVEL CLINIC

Beginner level pickleball clinics have group skills, drills, and learn scoring and rules. Beginner players will be developing a forehand and learning how to serve correctly.

ENROLLMENT: Ongoing

DAYS: Mondays **TIME:** 7 – 8:30 a.m.

AGES: 16 Years of Age and Over

FEE: \$95 per Month • \$25 per Day

ADVANCED BEGINNER LEVEL CLINIC

Players in this category are able to sustain longer rallies and may make volleys easier and use their backhand more often, but often need work on stroke development.

ENROLLMENT: Ongoing

DAYS: Wednesdays **TIME:** 7 – 8:30 a.m.

AGES: 16 Years of Age and Over

FEE: \$95 per Month • \$25 per Day

INTERMEDIATE TO ADVANCED DRILLS CLINIC

Players at this level will have achieved stroke dependability with directional control on most medium paced and some harder hit shots but still need to develop more depth and variety with their shots.

ENROLLMENT: Ongoing

DAYS: Fridays **TIME:** 7 – 8:30 a.m.

AGES: 16 Years of Age and Over

FEE: \$95 per Month • \$25 per Day

ADVANCED PLAY DRILLS CLINIC

This class requires a minimum 3.0-3.5 skill level and above OR instructor approval. This clinic will consist of specific drills for the first part and then the remainder will be spent running strategy/game play tournaments with various formats.

ENROLLMENT: Ongoing

DAYS: Tuesdays **TIME:** 7 – 8:30 a.m.

AGES: 16 Years of Age and Over

FEE: \$95 per Month • \$25 per Day

INDOOR PICKLEBALL OPEN PLAY

Beginner level will be learning scoring and rules as well as developing a forehand and learning how to serve correctly. Plan your schedule with the instructor.

ENROLLMENT: Ongoing

DAYS: Mondays, Wednesdays, Fridays

TIME: 9:45 a.m. – 2:30 p.m. **AGES:** All Ages

FEE: Free with a Get Fit Pass or a \$5 Drop-In

PICKLEBALL LESSONS

PRIVATE LESSONS: To schedule all lessons,

you must contact our instructor, Michelle Brodeur:

Email: mich_bro@yahoo.com | **Phone:** 1-760-870-8099

ENROLLMENT: Ongoing **AGES:** 16 Years of Age and Over

1 PLAYER PRIVATE LESSONS – 1 AND 4 SESSIONS

Our personalized single pickleball lessons are designed to focus entirely on you and your individual skill level. Whether you're a beginner learning the basics or an advanced player refining your technique, our coach is dedicated to helping you improve and build confidence on the court.

FEE: \$85 per Person for 1 Session

\$300 per Person for 4 Sessions

Palm Desert

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

2 PLAYERS SEMI-PRIVATE LESSONS – 1 AND 4 SESSIONS

Designed for two players, these semi-private sessions allow for personalized instruction while fostering competitive play.

FEE: \$70 per Person for 1 Session
\$240 per Person for 4 Sessions

3 PLAYERS GROUP LESSONS – 1 AND 4 SESSIONS

Our triple pickleball lessons are perfect for groups of three who want to enjoy a fun, engaging learning environment while receiving quality coaching. With targeted instruction, you'll get the opportunity to practice skills and techniques alongside your teammates, all while benefiting from expert feedback and group drills.

FEE: \$55 per Person for 1 Session
\$200 per Person for 4 Sessions

RUNNING

PALM DESERT YOUTH TRACK MEET

Join us for an exhilarating journey of speed, agility, and camaraderie in the heart of Palm Desert. This Program offers a supportive environment for young athletes to thrive and reach their full potential on the track.

LOCATION: Palm Desert High School Track & Field
DATE: Friday, March 7 TIMES: 3:45 – 8:45 p.m.
AGES: 6 – 14 Years of Age FEE: \$25 per Participant

SOCCER

PALM DESERT YOUTH SOCCER CLINIC – BEGINNERS

This class will develop an understanding of the engaging and exciting aspects of soccer, and improve their listening, social, and athletic skills. Each activity is designed to be fun and fast-paced.



LOCATION: Palm Desert Civic Center by Basketball Courts
ENROLLMENT: February, March, April
DAYS: Saturdays TIMES: 10 – 11 a.m.
AGES: 5 – 8 Years of Age FEE: \$40 per Month

PARENT & ME SOCCER

This class focuses on the development and learning for children aged 2 to 5 years old. Motor and social skill improvements are made through fun instructional games and obstacle courses, all while learning the fundamentals of soccer. Parent participation is required.

LOCATION: Palm Desert Civic Center by Basketball Courts
ENROLLMENT: February, March, April
DAYS: Saturdays
TIMES: 9 – 10 a.m.
AGES: 2 – 5 Years of Age (with parents participating)
FEE: \$40 per Month

SOFTBALL

C.V. MUNICIPAL SLOW PITCH SOFTBALL LEAGUE

Get your COED player roster ready and let's get back out on the field!! This Municipal lead is for Agencies/ Companies to put together and represent your agency from the Coachella Valley. Family and friends are welcome to come and root for your team. Playoffs will be held for the top 4 teams the week after league play ends. Any agencies who are interested in this league must contact

Manny Marrujo at
760-347-4263 or mmarrujo@drd.us.com

LOCATION: Freedom Park – Softball Field 1
LEAGUES, DAYS & DATES:

COED Mondays

4 females per team minimum requirement to join the league.

January 6 – March 31

TIME: 6:15 – 10 p.m.

AGES: 18 Years of Age and Over

FEE: \$400 per Team



Palm Desert

Please Note: All in-person activities take place at the **Palm Desert Community Center** unless otherwise noted in the activity details that follow.

SPORTS

TABLE TENNIS

TABLE TENNIS

If you enjoy the game of table tennis, come join this competitive group! It is a game that is ideal for everyone to play in either a recreational or competitive



environment. Table tennis can improve quickness, hand-eye coordination and focus. Remember to bring your own paddle.

ENROLLMENT: Ongoing
DAYS: Mondays, Thursdays, Fridays
TIMES: 12 – 3 p.m. **AGES:** 5 Years of Age and Over
FEE: Free with a Get Fit Pass or a \$5 Drop-In Fee

TENNIS

YOUTH BEGINNER/ ADVANCED BEGINNER

This class is meant to introduce the game of tennis to your child. Players will be using a new modified tennis ball that is meant for beginners to learn the proper tennis strokes easily and quickly.

LOCATION: Palm Desert Civic Center Park
ENROLLMENT: February, March, April
DAYS: Mondays & Fridays
AGES: **Beginners:** 7 – 11 Years of Age
Advanced Beginners: 11 – 15 Years of Age

TIMES: **Beginners:** 6 – 7 p.m.
Advanced Beginners: 7 – 8 p.m.

FEE: \$60 per Month



VOLLEYBALL CLINICS

BEGINNERS-INTERMEDIATE VOLLEYBALL

Come out and learn how to serve, block and be a team competitor for your volleyball journey. We will work on game movement techniques, footwork and game rules to prepare you for your next volleyball level. This is a fun, developmental co-ed clinic, designed to learn skills in a safe, comfortable environment.

ENROLLMENT: Ongoing
DAYS: Tuesdays, Thursdays **TIMES:** 3:15 – 4 p.m.
AGES: 8 – 18 Years of Age **FEE:** \$50 per Month

INTERMEDIATE-ADVANCED VOLLEYBALL

Want to be team competitor have good ball control, consistent passing & setting, strengthen your digs & blocks? Want the footwork of a top-notch player? Then come enroll into our Intermediate to Advanced level clinic today!

ENROLLMENT: Ongoing
DAYS: Tuesdays, Thursdays **TIMES:** 4 – 5 p.m.
AGES: 8 – 18 Years of Age **FEE:** \$60 per Month



BERGER FOUNDATION
ICE PLEX



Chill all year long with the coolest events and programs



WINTER
LEARN TO SKATE & LEARN TO PLAY
 SAVE \$5. USE CODE DRDWINTER (EXP 1/25/25)

JAN 8 - MAR 15



SPRING
LEARN TO SKATE & LEARN TO PLAY
 SAVE \$5. USE CODE DRDSPRING (EXP 4/5/25)

MAR 19 - MAY 10



SPECIAL SKATE NIGHTS

JAN 24: KICKIN' IT COUNTRY SKATE
 FEB 14: CIRCLE OF LOVE SKATE
 MARCH 14: SHAMROCK FEST SKATE
 APRIL 25: BOOGIE NIGHTS SKATE
 MAY 30: TOTAL 80S SKATE



The Golf Center AT PALM DESERT

The Best Game Improvement Facility in the Coachella Valley!

Conveniently located in the heart of Palm Desert off Cook Street, The Golf Center at Palm Desert offers a large, double-sided driving range with lighting for night time use. We are excited to announce the opening of the east range improvements, which features a world-class short game practice area and enlarged grass range tee. In addition to the large putting and chipping greens, the newly renovated short game practice area includes three bunkers and an essential 26 space parking lot. When you are finished sharpening your game on the driving range, play a round on our challenging Par-3, 9-hole golf course. The golf course is the perfect place to improve your game, featuring small, undulating greens, ideal for working on the scoring part of your game (80 – 130 yards).



A program of Desert Recreation District

First Tee-Coachella Valley is part of an international youth development organization that offers educational programs aimed at building character and promoting healthy choices through the game of golf. Classes are available for participants of all skill levels, ages 4 – 18. Golf equipment and scholarships are provided for any participant in need.

6-WEEK SESSIONS ARE OPEN TO THOSE 4 – 18 YEARS OF AGE.

Session Dates Subject to Change

First Tee weekly classes described below are \$75 per six-week Session, classes meet once a week and will be 45 – 90 minutes depending on your participants' age.

WINTER SESSION

January 6 – February 15 (6 Weeks)

SPRING 1 SESSION

February 24 – April 5 (6 Weeks)

SPRING 2 SESSION

April 14 – May 24 (6 weeks)



PLEASE REGISTER FOR **FIRST TEE – COACHELLA VALLEY**
CLASSES HERE: FTCV.ORG

Volunteer Opportunities Available

INQUIRIES?

Please email Joy Grant: jwilloughby@ftcv.org
or call 760-834-6792

GOLF RATES (9-Holes)

DECEMBER 26, 2024 – APRIL 30, 2025

Adults	\$25
Seniors (55+)	\$20
Juniors (17 and under).....	\$12
First Tee Chaperone	\$12
Same Day Replay.....	\$10

DRIVING RANGE

Medium Bucket	\$10
Large Bucket	\$15

GOLF CLINICS..... Call for details.

RENTALS

Pull-Cart	\$5
Set of Clubs	\$12
Individual Clubs.....	\$5
Parties & Events	Call for details.

For additional information, please call the Golf Shop at
(760) 779-1877 or visit GolfCenterPD.com

Rancho Mirage

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

A Note Regarding Fees: : For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

Rancho Mirage Community Park



71-560 San Jacinto Dr, Rancho Mirage, CA 92270
(760) 347-3484
HOURS: 6 a.m. – 9 p.m. Daily

OUTDOORS

For more information on Outdoor Activities, please visit <https://www.desertmountains.org/>



Friends of the
Desert Mountains

NATURE WALK AT BLIXSETH PARK

Join Friends of the Desert Mountains volunteer docents for a nature walk in Blixseth Mountain Park. The Park features native desert landscape, walking paths and benches for observing desert vistas, plants and geography. We will share fun facts about desert flora and fauna as well as interesting information about the Native Cahuilla people. This is a leisurely 1.0 mile narrow walking path on uneven terrain with no elevation gain and little shade. This path is friendly to dogs on a leash.

DATES: Saturday, January 11
Saturday, February 1
Friday, March 7

TIMES: 8:30 – 10 a.m.

AGES: All Ages

FEE: Free



FULL MOON HIKES

Grab your hiking boots and join Friends of the Desert Mountains volunteer docents on a full moon hike on the lower portion of the Chuckwalla Trail. You will experience the views of our desert mountains in the amazing wash of moonlight and shadows, as well as the urban night lights of the Coachella Valley. This is a family friendly easy 2-mile hike with 350 feet of elevation gain.

AGES: All Ages

FEE: Free

Chuckwalla Trail Full Moon Hike

DATES & TIMES: Sunday, January 12, 7 – 9 p.m.

Thursday, February 13, 7 – 9 p.m.

Wednesday, March 12, 7:30 – 9:30 p.m.

Jackrabbit/Bighorn Overlook Trail Full Moon Hike

DATES & TIMES: Sunday, January 12, 7:15 – 8:15 p.m.

Thursday, February 13, 7:15 – 8:15 p.m.

Wednesday, March 12, 7:45 – 8:45 p.m.



Rancho Mirage

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484



PICKLEBALL CLINICS – BEGINNER LEVEL & ADVANCED BEGINNER LEVEL

Beginners: Group skills and drills for Beginner players. Players are new to pickleball, learning scoring and rules. Can hit a number of balls with forehand. Have a hard time playing games as a rally is not sustainable yet. Just developing a forehand and learning how to serve correctly.

Advanced Beginners: Group skills and drills for advanced Beginner players. Players are able to sustain longer rallies. Many make easier volleys and use backhand more often but need work on stroke development. Begin to use dinks and lobs but do not fully understand when and where they should be used. Serve becomes more reliable. Knowledge of rules improve.

LOCATION: Rancho Mirage Pickleball Courts

ENROLLMENT: Ongoing **DAYS:** Saturdays

TIME: **Beginners:** 7:30 – 9 a.m.

Advanced Beginners: 9 – 10:30 a.m.

AGES: 16 Years of Age and Over

FEE: \$95 per Month

DROP-IN FEE: \$25 per Day



To schedule a double or triple lesson, you must contact our instructor, Michelle Brodeur. Email: mich_bro@yahoo.com or Phone: 1-760-870-8099

RM 2 PLAYER (SEMI-PRIVATE) PICKLEBALL LESSONS

Grab a friend or partner and improve together with our double pickleball lessons. Designed for two players, these semi-private sessions allow for personalized instruction while fostering competitive play. You'll receive focused coaching while enjoying the benefits of practicing with a partner to ensure consistent improvement and skill-building over time.

LOCATION: Rancho Mirage Pickleball Courts

ENROLLMENT: Ongoing

DAYS: Tuesdays and Saturdays

TIME: 12 – 5 p.m.

AGES: 16 Years of Age and Over

FEE: \$240 per Session

RM 3 PLAYERS (GROUP) PICKLEBALL LESSONS

Want to learn and improve in a small group? Our triple pickleball lessons are perfect for groups of three who want to enjoy a fun, engaging learning environment while receiving quality coaching. With targeted instruction, you'll get the opportunity to practice skills and techniques alongside your teammates, all while benefiting from expert feedback and group drills.

LOCATION: Rancho Mirage Pickleball Courts

ENROLLMENT: Ongoing

DAYS: Tuesdays and Saturdays

TIME: 12 – 5 p.m.

AGES: 16 Years of Age and Over

FEE: \$55 per 1-Week Session **OR** \$200 per 4-Week Session

Thermal

Please Note: All in-person activities take place at the **Jerry Rummonds' Community & Senior Center** unless otherwise noted in the activity details that follow.

A Note Regarding Fees: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

Jerry Rummonds' Community & Senior Center



89-229 Church Street, Thermal, CA 92274
(760) 263-3420

HOURS: Monday thru Friday: 8 a.m. – 8 p.m.
Saturday & Sunday: Closed

50+ ACTIVE ADULT & SENIOR PROGRAMS

SENIOR PROGRAM

Join us for the Thermal Senior Program where you can enjoy a day of exercise, art, guest speakers, resources, lunch, field trips, and much more! Stop by and pick up our monthly calendar.



ENROLLMENT: Ongoing
DAYS: Monday – Thursday
TIME: 9 a.m. – 1 p.m.

AGES: 50 Years of Age and Over FEE: Free

ART & MUSIC

BEGINNING GUITAR

Learn all the basics you need to start playing guitar. Learn to read chord charts and tablature. Develop strumming, rhythm, tuning your guitar, and proper position. You'll be able to play songs right away! No musical experience needed. Guitars will be available for check out or just bring any nylon, steel string guitar.

ENROLLMENT: Ongoing

DAYS: Thursdays TIMES: 5:15 – 6:15 p.m.

AGES: 9 Years of Age and Over FEE: \$50 per Month



CAMP & AFTER SCHOOL PROGRAMS

THERMAL AFTER SCHOOL CLUBHOUSE

Our after school programs provide a safe, fun and social environment following the completion of the school day. Students spend the afternoon doing homework, physical activities, art projects, playing games, and participating in special events. A daily snack is provided, and students are supervised by our trained, professional staff.

ENROLLMENT: Ongoing During School Year
(holidays may be excluded)

TIME: 2:45 – 6 p.m. DAYS: Monday thru Friday

GRADES: Kindergarten through 6th Grade

FEE: Free* – *The Thermal program fee is traditionally \$200 per month. There is a program subsidy for those who qualify that will reduce the fee to \$0. Subsidies will be available while funds last.



COMMUNITY EVENTS

HEARTS AND CRAFTS VALENTINE WORKSHOP



Join us for a fun filled Valentine's - Hearts and Crafts night! Cupid will host a night of crafts, games, and goodies! Don't forget to bring a box to decorate for all your Valentine's Day cards. Registration is required. XOXO

DATE: Tuesday, February 11 TIME: 5 – 6:30 p.m.

AGES: 5 – 12 Years if Age FEE: Free

LOTERIA NIGHT

Thermal Loteria Night! Join us for a fun Loteria Night at the Jerry Rummonds' Community & Senior Center! We will have refreshments and prizes!

DATE: Wednesday, March 12

TIME: 5:30 – 7 p.m.

AGES: 5 Years of Age and Over FEE: Free



Check out the activities we offer in Thermal and neighboring communities at [Instagram.com/DRD_EastValley](https://www.instagram.com/DRD_EastValley)

Thermal

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

SPRING INTO FUN

Join us for some spring fun at the Jerry Rummonds' Community and Senior Center. We have fun activities planned like cookie decorating, crafts, egg decorating and a visit from the Easter Bunny! Parents: Do not forget to bring your cameras!



DATE: Saturday, April 12 TIME: 10 a.m. – 12 p.m.
AGES: All Ages FEE: Free

YOUTH SOCIAL

We welcome all youth in Thermal and surrounding communities to join us for a night of fun, dancing, music, disco lights, karaoke and games

DATE: Friday, January 17 TIME: 5:30 – 7 p.m.
AGES: 6 – 12 Years of Age FEE: Free



DANCE

FOLKLORICO (BALLET FOLKLORICO)

Join us in having fun and making friends while learning Mexican Folklorico steps! This class covers both dance history and basic steps to start you on your way to becoming a fantastic dancer.

Learn new skills that involve dance, theatre, teamwork, making friends, trust, performing and lots more!

ENROLLMENT: Ongoing

DAYS: Wednesday TIMES: 5:30 – 7:30 p.m.
AGES: 7 – 15 Years of Age FEE: \$50 per Month



YOUTH DANCE

Youth in this program will learn the fundamentals of movement consisting of spatial awareness, footwork, and different styles such as Hip Hop, Waving, Animation and more!

ENROLLMENT: Ongoing

DAYS: Tuesday TIMES: 5:30 – 7:30 p.m.
AGES: 7 – 12 Years of Age FEE: \$30 per Month



Stay tuned for exciting sport programs coming soon to our Thermal Community. Be sure to follow our Instagram to stay up to date. For any questions, contact our Recreation Specialist Michael at 760-541-4173.



Thermal Park Design and Construction Project

On December 14, 2024, Desert Recreation District, in partnership with Riverside County Supervisor V. Manuel Perez, special guests, and community residents broke ground on Thermal Community Park! A historic and vibrant new community space made possible through key partnerships and Prop 68 funding. The groundbreaking was a true community celebration, with community members and elected officials joining in the festivities.

We look forward to welcoming everyone when Thermal Community Park opens in early 2026, bringing much-needed recreational and community facilities to the area.

For more information, please contact Scott Sear, PIO/Legislative Affairs at 760.347.3484



Thousand Palms

Please Note: All in-person activities take place at the **Thousand Palms Community Center & Park** unless otherwise noted in the activity details that follow.

A Note Regarding Fees: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

Thousand Palms Community Center & Park



31-189 Robert Road, Thousand Palms
(760) 347-3484
HOURS: See Activities for Times/Days

50+ ACTIVE ADULT & SENIOR PROGRAMS

50+ STRETCH & MOVE ZONE



We will use light weights, stretch bands, and chairs to stretch those muscles and maintain joint health. A light outdoor workout equipment rotation will be implemented on an optional use during cooler months. Come have fun with us!



ENROLLMENT: February • March • April
DAYS: Wednesdays **TIME:** 10 – 11 a.m.
AGES: 50 Years of Age and Over **FEE:** Free

SENIOR PROGRAM

Join us for a cup of coffee, bingo, games, crafts, and much more! This fun group comes together to celebrate birthdays, go on field trips, and make everlasting friendships. Bringing your favorite dish to share with the group is a great way to connect.

ENROLLMENT: Ongoing
DAYS: Fridays **TIME:** 10 a.m. – 12 p.m.
AGES: 50 Years of Age and Over **FEE:** Free

60

ART & MUSIC

CLAY AND DISPLAY! – IT'S A TERRA COTTA DAY!



Learn the basics of painting a clay pot. You will take home an individual sized clay pot that will be customized by you! Plants included in fee.

DATES: February 9 • March 5
April 2 • April 20

TIMES: 11 a.m. – 1 p.m.

AGES: 18 Years of Age and Over

FEE: \$20 per Participant



PAINT & PIZZA – RAINBOWS & GOLD POTS

Come join us as we celebrate and create an instructor led Canva St. Patrick's Day Painting and end the fun with some delicious pizza.

DATE: Sunday, March 16

TIMES: 1 – 3 p.m.

AGES: 5 – 12 Years of Age

FEE: \$20 per Participant



COMMUNITY EVENTS

DIA DEL NINO EVENT

Join Desert Recreation District and other Thousand Palms service providers in celebrating Day of the Child (Dia del Nino) with fun games, learning experiences, and prizes.

DATE: Wednesday, April 30 **TIME:** 4:30 – 6 p.m.

AGES: All Ages **FEE:** Free

EGGSTRAVAGANZA

This fun-filled family event will be celebrated at the Thousand Palms Community Park. Join us for activities planned for the day, such as: hair painting, face painting, carnival games, and prizes for all winners. Egg hunt is STRICTLY for children ages 4+.

DATE: Sunday, April 6 **TIME:** 10 a.m. – 12 p.m.

AGES: All Ages **FEE:** Free



Thousand Palms

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

PROM DRESS GIVEAWAY

Open to all high school seniors in the Coachella Valley, this program will offer free prom dresses in a variety of sizes, colors and styles. While we make every effort to have enough dresses for everyone, they are offered on a first come, first serve basis **BY**

APPOINTMENT ONLY. Please email avelasquez@drd.us.com or call (760) 701-1043 to make your appointment in the Thousand Palms location. All teens must bring a valid school ID card and must be present to receive a dress and accessories.



DATE: Saturday, March 22 TIME: 10 a.m. – 6 p.m.
AGES: Juniors and Seniors in High School FEE: Free

DANCE

FOLKLORICO (Ballet Folklorico)

Come learn this traditional and colorful dance! As you and/or your child progress in the class, there will be a few chances a year to perform live in front of friends and family at special events. Shoes and dress can be purchased with the instructor.

ENROLLMENT: Ongoing
DAYS: Tuesdays
TIME, AGES & FEES:
4 – 4:45 p.m. • 3 – 5 Years of Age • \$40 per Month
5 – 6 p.m. • 6 – 11 Years of Age • \$45 per Month
6:15 – 7:15 p.m. • 12 Years of Age and Over • \$45 per Month



HEALTH & FITNESS

ZUMBA

Zumba is a dynamic, exciting, and effective fitness system with upbeat, international music and dance steps. The energizing music will get you moving into a calorie burning dance that is fun and healthy for you regardless of your fitness level.

ENROLLMENT: Ongoing
DAYS: Mondays, Wednesdays, Thursdays
TIME: 7 – 8 p.m. AGES: 16 Years of Age and Over
FEE: \$45 per Month
DROP-IN FEE: \$7 per Class

SPORTS

FOOTBALL TRAINING **NEW**

Come sharpen your skills in the sport of football through training by the Desert Valley Premier Football Training coaching staff. With years of experience, the coaching staff give it their all to spend time developing quality football players in the Coachella Valley. No experience necessary.

ENROLLMENT: February • March • April
DAYS: Tuesdays TIME: 6 – 7 p.m.
AGES: 7 – 13 Years of Age FEE: \$40 per Participant

T-BALL ROOKIES **NEW**

Participants will develop their baseball skills which include catching and throwing the ball, batting stance and base running. We will also cover the fundamentals of the sport of baseball. This program is great for participants who have little to no baseball experience. Athletes will be required to bring their own glove and we strongly encourage to bring your own bat and helmet, IF POSSIBLE.



ENROLLMENT: Ongoing
DAYS: Saturdays TIME: 10 – 11 a.m.
AGES: 4 – 6 Years of Age
FEE: \$40 per Month

Thousand Palms

Please Note: All in-person activities take place at the **Thousand Palms Community Center & Park** unless otherwise noted in the activity details that follow.



YOUTH BASEBALL TRAINING

Come sharpen your skills in the sport of baseball through training by the Thousand Palms coaching staff. With years of experience, the coaching staff give it their all to spend time developing quality baseball players in the Coachella Valley. Bring your own personal equipment and join in the fun!

ENROLLMENT: Ongoing
DAYS: Saturdays
TIME: 11:30 a.m. – 12:30 p.m.
AGES: 7 – 11 Years of Age
FEE: \$40 per Month



THOUSAND PALMS COMMUNITY COUNCIL MEETING

On the dates specified below, the Thousand Palms Community Council will hold their informational meetings for all who live in the community of Thousand Palms, during which you can hear the latest Riverside County news regarding your community from government officials, county authorities and Desert Recreation District.

Please email esperez@rivco.org for more information.

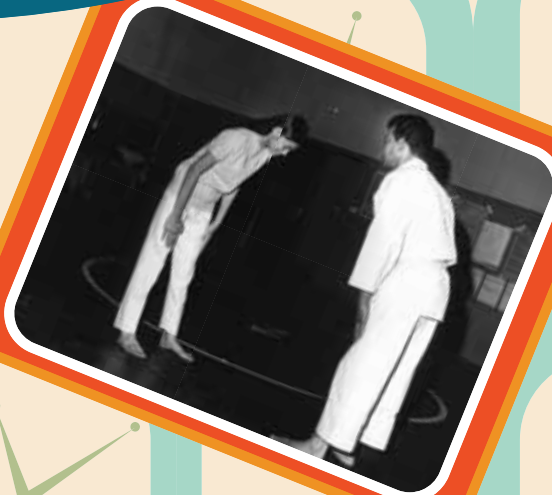
DATES: Thursdays, January 30 and March 27
TIME: 5 – 7 p.m. **AGES:** All Ages
Thank you.



75 Years Ago...



In 1950, Desert Recreation District (DRD) was founded to address the growing need for recreational services and community amenities in the Coachella Valley. During this time the Coachella Valley was undergoing significant transformations that would shape its future development. Key developments during this time included: *Post-War Growth and Urbanization, Agricultural Workforce and Community Needs, Focus on Public Health and Wellness, Strategic Investment in Tourism and Formalized Recreation for Future Growth.* Desert Recreation District's foundation in 1950 was a forward-thinking response to these trends, creating a lasting legacy that has supported the Coachella Valley's recreational needs for 75 years.





Altura Care's Mission is to elevate the quality of care for people with disabilities.



Altura Care provides Community Integration Supports for individuals with developmental disabilities, including Down syndrome, autism, cerebral palsy, intellectual delay, and epilepsy.

Services

Community Integration Supports

At Altura Care, our community integration support program helps individuals with special needs join in activities they love within their own community. We assist in finding and signing up for fun activities based on your interests, such as art classes, music, or sports. We provide transportation to and from these activities and give you a 1:1 coach for support. Our program is designed to be enjoyable and tailored to your interests, ensuring you have a fulfilling experience.

Personal Assistance (PA)

Altura Care's personal assistance services are tailored to support individuals who need assistance with daily living activities, community integration, and supervision when their primary caregiver is away. From helping people run their errands, bathing and grooming to meal preparation and feeding, our services cover a wide range of essential tasks.

At Altura Care, our services are designed for individuals qualified for their Regional Center's Self-Determination Program (SDP), helping you take charge of your own care! **For service information call 760-834-5163 or send your inquiry by email to, info@alturacare.org.**

If you're not signed up for the SDP program but are interested, our staff can refer you to service advocates in the Inland Empire who can help, call today!

alturacare.org

44-100 Monterey Avenue, Suite 216-2, Palm Desert, CA 92260

Where We Are

FIND YOUR CLOSEST DRD LOCATION

Desert Recreation District (DRD) is your source for all things recreational in the Coachella Valley. Throughout the valley, we have classes, sports and recreation activities, special events and programs for all ages. From toddlers to seniors, our facilities and beautiful parks have something for everyone.

Get off the couch and into the Fun-Tastic times!

BERMUDA DUNES

- ♦ **Bermuda Dunes Community Center**
78-400 Avenue 42, Bermuda Dunes

CATHEDRAL CITY

- ♦ **Cathedral City High School (Swimming Pool)**
69-250 Dinah Shore Drive, Cathedral City

COACHELLA

- ♦ **Bagdouma Community Center & Park**
51-251 Douma Street, Coachella
- ♦ **Bagdouma Pool**
84-599 Avenue 52, Coachella

INDIO

- ♦ **Indio Community Center & Park**
45-871 Clinton Street, Indio
- ♦ **Indio Teen Center**
81-678 Avenue 46, Indio
- ♦ **Pawley Pool Family Aquatic Complex**
46-350 Jackson Street, Indio

INDIO HILLS

- ♦ **Indio Hills Community Center & Park**
80-400 Dillon Road, Indio Hills

LA QUINTA

- ♦ **Fritz Burns Pool**
78-107 Avenue 52, La Quinta
- ♦ **La Quinta Community Fitness Center & Park**
77-865 Avenida Montezuma, La Quinta

MECCA

- ♦ **Mecca Community Center, Park & Pool**
65-250 Coahuilla Street, Mecca
- ♦ **Mecca Sports Park**
91403 66th Avenue, Mecca

NORTH SHORE

- ♦ **North Shore Beach & Yacht Club**
99-155 Sea View Drive, North Shore
- ♦ **North Shore Community Park**
99-480 70th Avenue, North Shore

OASIS

- ♦ **Oasis del Desierto Park**
88-775 Avenue 76, Thermal

PALM DESERT

- ♦ **Cahuilla Hills Park**
45-825 Edgehill Drive, Palm Desert
- ♦ **Palm Desert Community Center & Park**
43-900 San Pablo Avenue, Palm Desert
- ♦ **Freedom Park**
77-400 Country Club Drive, Palm Desert
- ♦ **Palm Desert Soccer Park**
74-735 Hovley Lane, Palm Desert
- ♦ **Olsen Community Park**
43-005 Magnesia Falls Drive, Palm Desert
- ♦ **Portola Community Center**
45-480 Portola Avenue, Palm Desert
- ♦ **The Golf Center at Palm Desert and First Tee – Coachella Valley**
74-945 Sheryl Drive, Palm Desert
- ♦ **University Park**
74-802 University Park Drive, Palm Desert

RANCHO MIRAGE

- ♦ **Rancho Mirage Community Park**
71-560 San Jacinto Drive, Rancho Mirage

THERMAL

- ♦ **Jerry Rummonds' Community & Senior Center**
87-229 Church Street, Thermal

THOUSAND PALMS

- ♦ **Thousand Palms Community Center & Park**
31-189 Robert Road, Thousand Palms



ADMINISTRATIVE OFFICE

45-305 Oasis Street, Indio, CA 92201
760.347.3484
Info@MyRecreationDistrict.com
MyRecreationDistrict.com



Friends of the
Desert Mountains'
Coachella Valley

Wildflower Festival

Presented by City of Palm Desert

*Gather with Friends for our
annual community event
celebrating wellness, recreation
& California desert wildflowers!*

FREE ADMISSION
SATURDAY MARCH 1st 9AM - 4PM
PALM DESERT CIVIC CENTER PARK




vendors & exhibitors
KIDS' ZONE & ART SHOW
food trucks • beverage booths
BEER & WINE GARDEN
raffles • live music
FUN FOR ALL AGES

*¡Acompáñenos a celebrar el bienestar, la
recreación y las flores silvestres del desierto de
California en nuestro festival anual!!*

ENTRADA GRATIS
SABADO 1 DE MARZO 9AM - 4PM
PALM DESERT CIVIC CENTER PARK

ZONA DE NIÑOS Y EXHIBICIÓN DE ARTE
PUESTOS DE COMPRAS
CASETAS DE INFORMACIÓN
RIFAS Y MÚSICA EN VIVO
VENTA DE COMIDA Y BEBIDAS
**JARDÍN DE CERVEZA Y
VINO PARA ADULTOS**



DesertMountains.org

This year's
event made
possible
thanks to



Friends of the
Desert Mountains



PALM DESERT



bright



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Marcos Coronel
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Benjamin Guitron IV
Vice President



M. Andres Coronel
Treasurer



Kimberly Barraza
Secretary



Jason Dafforn
Board Member



Rudy Gutierrez
Board Member



Gabriela Ayala Reyes
Board Member

OUR MISSION

To enrich and preserve the quality of life for residents. We do this by raising funds and garnering support to purchase, develop, enhance, preserve, promote, and expand the Coachella Valley's recreation activities, programs, parks, properties and facilities.

Can you imagine a community without parks and recreation? Neither can we!

We believe parks and recreation should be available to everyone in our communities no matter their income or ability.

FINANCIAL ASSISTANCE PROGRAM

Desert Recreation Foundation programs, activities and events are open to everyone. Your Desert Recreation Foundation works closely with communities that we serve to reduce program and activity fees for residents who cannot afford to participate. Our goal is for no child or adult to be left out of the recreational, sports and out-of-school activities we offer because of limited income.

The Desert Recreation Foundation (the Foundation) is a 501(c)(3) non-profit organization responsible for raising funds on behalf of Desert Recreation District.

Since 2001, Desert Recreation Foundation has been working behind the scenes of Desert Recreation District to enrich and preserve the quality of life for residents by raising funds and garnering support to purchase, develop, enhance, preserve, promote, and expand the Coachella Valley's recreational activities, program, parks, properties, and facilities. We believe parks, recreation opportunities, and learning programs should be available to everyone in our community, no matter their income level or ability. We make that a reality and can do so much more with your help!



Everyone deserves access to quality parks and recreation facilities!

Your Support Makes It Possible!

PLEASE MAKE A DONATION AT THE TIME YOU ARE REGISTERING FOR A CLASS AND SEE HOW YOUR GENEROSITY CAN MAKE AN IMPACT EVERYDAY IN OUR COMMUNITIES!

Call today to learn more (760) 347-3484 or visit our website at DesertRecreationFoundation.org
Volunteer. Sponsor. Donate.

**Download the
Desert Rec App
for easy access
for all your
activity needs!**



*There's nothing old fashioned
about Desert Rec App!*

Compatible with
iPhones and Androids



PRESORTED STD
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PALM DESERT, CA
PERMIT NO 149



BOOK YOUR EVENT!

MyRecreationDistrict.com/rentals

**WE HAVE YOUR PERSONAL, TEAM OR BUSINESS
RENTAL FACILITY AVAILABLE FOR YOU YEAR-ROUND!**



Look at all the Fun you can have with DRD's Indoor/Outdoor Rental Facilities!

Parties & Celebrations

Sports & Athletics

Pool Parties

Events & Holidays

Meetings & Banquets

Various Locations

