

ADAPTIVE FITNESS

ONLINE OR IN-PERSON

WHO: Individuals age 16+ with a disability or special need

WHERE: Bermuda Dunes Community Center 78-400 Ave 42, Bermuda Dunes

WHEN: Thursdays, September-December 2024 10:00-11:00 a.m.

FEE: FREE!

If joining us online through **zoom** the class link/information will be on your receipt after registering. A new registration code is provided each month!

Register at MyRecreationDistrict.com





