

Desert Recreation District

Bermuda Dunes • 78-400 Avenue 42 Bermuda Dunes, 92203



Adaptive Zumba



Move your body to upbeat music and work on motor coordination. All abilities welcomed!



WHO: Individuals with disabilities 10 +

WHEN: Thursdays, May-August 2023
1-2pm

COST: \$25 per month, or FREE with our Adaptive Program Membership

EXTRAS: Bring water, comfortable clothing, and sneakers



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Para obtener información o registrarse, visite MyRecreationDistrict.com o llame al (760) 347-3484